



LIFE @ MIZ

INSIDE THIS ISSUE:

<i>Did you know?</i>	2
<i>Volunteer experience</i>	2
<i>Miseri goes Green</i>	3
<i>Introducing</i>	3
<i>Memoriam</i>	4
<i>Mission Moment</i>	4



Our Core Values
Caring . Respect . Trust

MHC WELCOMES OUR NEW BOARD CHAIR

IN HER OWN WORDS ...



I am honoured and excited to assume the office of Chair of the Board of Directors of Misericordia Health Centre.

I have been well prepared for this role by the many who love and cherish the wonderful legacy of the Sisters of Misericordia.

In the past five years as a member of the Board of Directors, and also as a member of the Corporate Board, I have slowly but surely become a part of the Misericordia "Family" in all respects.

Every step of the way, I have been supported by staff, current and former board members and Misericordia spiritual advisors:

Archbishop Weisgerber and Reverend Arsenault have been a great inspiration by teaching me how to combine a business orientation with a spiritually guided purpose.

Our past chair, Laurie Finley, has been an invaluable source of knowledge and wisdom related to the workings of this facility.

The members of the Corporate Board who own and manage the buildings of this institution on behalf of the Sisters of Misericordia have been kind enough to convey through their actions and words the values

and Mission of Misericordia. Each of us should contemplate our Mission on a daily basis as we pursue our individual goals for and on behalf of Misericordia.

Our President and COO, Rosie Jacuzzi, has shown me true friendship.

It is with all of this knowledge and valued friendships that I am pleased to assume the stewardship of this great health facility.

We are entering very exciting and challenging times for which I have been well prepared. I know that all of my mentors will always be available to offer support and advice when needed. I promise to preserve, protect and promote the values of Misericordia both as a historical institution and as an operating business over the course of my tenure as Board Chair. I know that I will do so in partnership with all of the individuals who so dearly love this institution and who call Misericordia "home."

Kaye E. Dunlop

Kaye E. Dunlop
MHC Board Chair

It gives me great pleasure to welcome Kaye E. Dunlop as our new board chair and head of our Misericordia Family. Ms. Dunlop joined the Misericordia Board five years ago based on her interest in our Pediatric Dental Program. She very quickly became immersed in the strategic direction of the Health Centre and in the legacy of the Misericordia Sisters. She also represents the Sisters as one of our five Corporation Members. Ms. Dunlop has assumed an early leadership role on the board and I know will be instrumental in guiding Misericordia Health Centre in achieving our new vision and capital redevelopment.

Kaye Dunlop has been a terrific support as a Board Member and

I look forward to working more closely with her in her new role as Board Chair.



Rosie Jacuzzi

Rosie Jacuzzi
President & COO

Meet: Caroline DeKeyster

Caroline will be joining the MHC family September 14 as our new Chief Nursing Officer. She is looking forward to meeting as many new faces as possible during her Meet & Greet Wednesday, September 16 from 9:15 to 11 a.m. in the Nursing Administration Office Room 186. Come welcome Caroline to MHC!





DID YOU KNOW?

On September 30 at 2 p.m. the Winnipeg Symphony String Quartet will once again play at Misericordia Place?



The Safety Learning Summaries (SLS) - formerly known as the Critical Incident Learning Summaries (CILS) - are now available on the WRHA website? A SLS is a brief summary of the findings and recommendations from a completed [critical incident review](http://www.wrha.mb.ca/healthinfo/patientsafety/criticalincident/index.php) with identifying information removed, or modified, in order to circulate widely to health-care providers. The goal is to promote and share learning from reviews of critical incidents. Visit: <http://www.wrha.mb.ca/healthinfo/patientsafety/criticalincident/index.php>



Our Smoking Policy is in effect 24 hours per day? Smoking just outside entrance doors any time of day is

unacceptable. We appreciate staff smoking in designated areas.

Art Heidinger, Plant Services Painter, is retiring after a career spanning nearly four decades with the Misericordia Family? We wish him well in his retirement!



Our migration from Lotus Notes to Microsoft Outlook is imminent? For anyone who has email, you must have your mailbox down to a mere 170 MB by September 23, 2009!



The Don Cherry Story/Keep Your Stick Up Kid filming recently took place in the MERC Upper Lounge, Cornish 3 South and Sherbrook 3? It takes some disruption and a lot of staff input to make these film shoots a success, so thank you to all of



those who assisted and participated. With all movie shoots we require the film company to make a donation to our Foundation. The Don Cherry Story crew just sent us a thank you card and also donated a hockey stick signed by Don Cherry!

The Rosalie Cadron-Jetté Centre has two new books out about the Founder of the Misericordia Sisters, Rosalie Cadron-Jetté? *Spiritual Explorations with Rosalie Cadron-Jetté* by Sylvie Bessette and *Rosalie Cadron-Jetté: A story of Courage and Compassion* by Hélène Grégoire are both available in our Spiritual Care department. Please call ext. 8283 if you would like a copy.



Our security provides a "safewalk" program? A security staff member will provide an escort anywhere within a two block radius of

Misericordia Health Centre, including the parkade - simply visit the Security Office. For more information, please contact Tyler Brown, Manager of Security & Environmental Safety, at ext. 8300.

The 43rd Annual MHC Staff Golf Tournament is Thursday, September 17th at Kingswood Golf Course. Fill out an application now! Hope to see you there!



The deadline to register for the Fall Session of French Language Classes is coming up soon! Don't forget to get your registrations and \$50 cheque in to Carrie Devlin in Education Services in order to "achieve bilingual status within a limited time-frame."



My Volunteer Experience



By Paula Castilla

I've been doing volunteer work for five weeks at Misericordia Health Centre and I've had a lot of fun.

I did many different things, like delivering newspapers and ice water and helping residents go to chapel.

My favourite activity was playing bingo with the residents. I helped them listen to the numbers and I gave them their prizes.

I also sold ice cream for the Misericordia Charities Campaign.

Strawberry was my favourite flavour. I had to taste test it, of course.

I will remember Misericordia when I am back at home, in Madrid, Spain. Thank you for the opportunity to volunteer.



Paula dishes out ice cream while Mirna Alberto, volunteer services, looks on

IT Tip:

A Few Shortcuts:

If you're working and don't want to take your hands off the keyboard to control the programs you're working with, you can try these cool shortcuts:

- Alt-Tab switches to a different active application
- Ctl-Shift-Tab moves backward through the active applications
- Alt-Space opens the active window's Control menu

- Ctrl-Esc opens the Start menu
- Ctrl-Shift-Esc opens Task Manager
- Windows-M minimizes all windows and gives you immediate access to the desktop
- Windows-Shift-M undoes the minimize
- Windows-Tab cycles through the taskbar buttons



MISERICORDIA'S GREEN MILE

By Bronwyn Penner

To us less-ambitious Winnipeg commuters, Wayne Thompson's daily summer ride or winter walk fills us with a grudging admiration of the commitment required to take on the elements, potholes and bad drivers every morning to reach MHC.

This summer, Wayne, MHC's Sleep Lab Coordinator, is joined by another 630 Winnipeg volunteers each doing their part to impress a greener and healthier footprint on Winnipeg concrete.

Through the Otto Cycle project, developed by the

Centre for Sustainable Transportation (CST) and the City of Winnipeg, Wayne is now measuring his daily 3.5 to 5 km commute using a GPS (Global Positioning System) device.

Wayne and the other volunteers each carry the GPS device for a two week period (between May and October) as they ride all of their normal routes to school and work, for recreation and other normal activities. The goal is to present the City with data to "establish priorities for cycling infrastructure upgrades."

For Wayne, this research has not much affected his daily routine; friends and family

know that this former triathlete has always enjoyed his daily commute to Misericordia as he did to HSC before. As he impresses a quiet influence on his wife and daughters to use

alternate transportation, the CST is pushing a little harder as their study is still 270 volunteers short of their goal of 900.




If anyone is interested in this project, or would like to sign up, please email


Ottocycle@uwinnipeg.ca or call 988-7182 as they would greatly appreciate your help.






MISERICORDIA STAFF



New Staff July/August 2009:

-  Chelsea Dusza, Scheduling Assistant
-  Sean McGuire, Scheduling Assistant
-  Nicole Dorion, Scheduling Assistant

 Olga Yarmak, General Duty Radiology Technician

-  Sue-Anne DeCourcey, RN
-  Constance Marks, RN
-  Darleen Hill, RN

Retirements July/August 2009:

-  Linda Peate, CSD Technician
-  Art Heidinger, Plant Services Painter

Interfaith Calendar August 2009

Aug 17- Paryushana - **Jain** Paryushana Parva - Jain 8 day festival signifying human emergence into a new world of spiritual and moral refinement. Marked by recitations from Jain sacred writing and family exchange of cards and letters. Celebration of the natural qualities of the soul. The 8th day (Samvatsari) is most important and is focused on forgiveness.

Aug 22 - Ramadan begins - **Islam** Ramadan - 9th month on Islamic calendar, devoted to the commemoration of Muhammad's reception of the divine revelation recorded in the Qur'an. The event begins when authorities in Saudi Arabia sight the new moon of the 9th month. It is the holiest period of the Islamic Year. There is strict fasting from sunrise to sunset.

Aug 23- Ganesha Chaturthi - **Hindu** Ganesha Chaturthi - A Hindu festival honoring the god of prosperity, prudence and success. Images of Ganesha are worshipped.

Introducing ...

...Tara McNaughton, Cornish 2's new Resident Care Manager. Tara joins us after holding the position of Nursing Unit Manager at Red River Place in Selkirk. Tara has worked in health care for over 13 years in all capacities ranging from Aide to management.



Although surgery was Tara's first love in nursing, she has discovered her calling in geriatrics, particularly in working with patients who have Alzheimer's. "I like to sing and dance and have fun," she says, "... you can sing and dance and have fun with [Alzheimer's patients] and not be judged. They're having fun too!" She's also partial to the relationships she builds with patients and the familial aspect of spending so much time with the same residents every day. In joining the Misericordia team, she expresses that the feeling of family has extended even further to include not only her staff but employees on every floor. "The [Misericordia family] is almost too good to be true!"

FOUNDATION NEWS



In addition to their many days of planning, deliberating and modifying designs, four of our main architectural contributors to the redevelopment project have gone an extra mile for MHC and have contributed funds to enable us to purchase a new EKG.

This new, quicker machine is replacing quite a relic.

Dating back to 1989 our old machine could not even

be serviced as its parts were so out-of-date.

Patients' comments such as: "Wow! You're done already?" and "That looks very high-tech" accompany the 20 diagnoses our new EKG offers per day.

For the shorter waits

and the quicker results, the MHC Foundation would like to offer a sincere thank you to its EKG donors: Number Ten Architectural Group, Crosier Kilgour & Partners, SMS Engineering, and MCW/AGE Consulting Engineers.

Without their generous contributions, this wonderful gift would not have been possible. Thank you!



Misericordia EKG Machine

MISSION MOMENT

The Misericordia Place garden has never looked more gorgeous. And we have LPN Hannah Brown and her husband Steve to thank.

The pair modestly say it has been "lots of work" to beautify the garden throughout the spring and summer.

"It looked like it needed some TLC," said Hannah, giving a barefoot tour of the refreshed garden.

Hannah, who works on MP2, has been

coming in on her days off and weeding in her uniform before work and during breaks. Her husband, a self-described retired teacher and full

time volunteer, is most often at her side.

The pair has completely dug up the entire garden. In addition to the Browns generous donation of garden centre greenery, some MHC units have also collected money to purchase plants.

Do you have a Mission Moment to share? Have you seen MHC staffers or volunteers living our Mission? If so, please drop it off at our corporate office on W6. Or e-mail

hklaschka@miseri.winnipeg.mb.ca



Hannah and Steve—hard at work

SIXTY-FIVE YEARS AND COUNTING



Have you heard the one about...?"

Always ready with a joke is a good

introduction to John Hansell. John has recently become a semi-permanent fixture on Cornish 5 along with his son, Greg.

They come daily to visit Catherine Hansell, Greg's mother and John's wife of 65 years.

way back: 10 years before he met and wooed Catherine. As a teenager in 1929, he was a delivery boy for our cafeteria, 10 years later, at the beginning of his 33 year career as a police officer, he met Catherine.



John and Catherine show us that love knows no age

John and Catherine recently celebrated their 65th

anniversary with a small party on C5 August 5, not long after

Catherine came to Interim Care July 17, 2009.

John's relationship with Misericordia dates

"I was walking the beat between the Bay and Sherbrook when I noticed these two girls following me," John smiles at the memory, "so I stopped in a doorway and waited for them to catch up. I knew one of the girls, she was my friend, a hairdresser, and she was a girlfriend of Catherine's. So I met Catherine and I looked her up and down and I said to myself, 'I'm going to have do something with this one.' And I did... I married her."

Five years later, in 1944, they were married. Although they would have liked to have celebrated their anniversary in their home, John and Catherine are still as in love as the day they met and enjoy the nine and a half hours they spend together every day.