



LIFE @ MIZ

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Our Core Values Caring . Respect . Trust

There sure have been a lot of mixed messages coming out about flu clinics recently. And, really, with something as novel as H1N1 that is understandable. At this time seasonal influenza vaccination clinics

H1N1 UPDATE

for staff are postponed until **after** H1N1 immunization. The H1N1 vaccine will likely be available sometime in November, but the exact date is unknown. As soon as we have the information, we'll share it with you.

The Winnipeg Health Region is recommending staff over 65 or those who have chronic conditions that put them at risk for complications of seasonal flu should visit their general practitioner or attend a public health clinic on Oct. 14, 15 or 16; locations can be found at: wrha.mb.ca/healthinfo/a-z/influenza/clinics.php

Here at MHC, we are committed to keeping our staff as up-to-date as possible with H1N1 information. Just keep in mind that information will continue to change frequently in a pandemic.

As well as email, we will continue to use the notice board across from the gift shop as a go-to place for recent H1N1

information.

The WRHA communications group has promised the H1N1 information shared with staff will be more succinct and timely this autumn. This week, all Winnipeg Health Region staff will receive an *H1N1: are you ready?*

bulletin attached to our paystub. In an effort to communicate more efficiently with our staff, we've also created an "H1N1 hotline": please call ext. 8282 or email

H1N1@miseri.winnipeg.mb.ca if you have a question about H1N1 you would like answered. One of our infection control practitioners will follow up with you. We'll then share the information in Frequently Asked Questions (FAQ's) documents with all staff.

Thank you to our Misericordia team for all the extensive H1N1 work that has been done to date!

CHARITIES CAMPAIGN

It's October again and that usually means the launch of our

Charities Campaign! Congratulations to co-chairs Allison Kesler and Maria Knaus and their committee. I know they have been busy with events much earlier this year because I had my reading glasses cleaned last week!

The official launch of the campaign is Thursday morning with the delicious Cookies for a Cause event. Please drop off baked goods at MHC's information desk, at the volunteer office or at Misericordia Place reception. Come to the auditorium as early as 9 a.m. to purchase goodies.



Rosie Jacuzzi
c
President & COO



FOUNDATION NEWS - POPPY FUND TO THE RESCUE



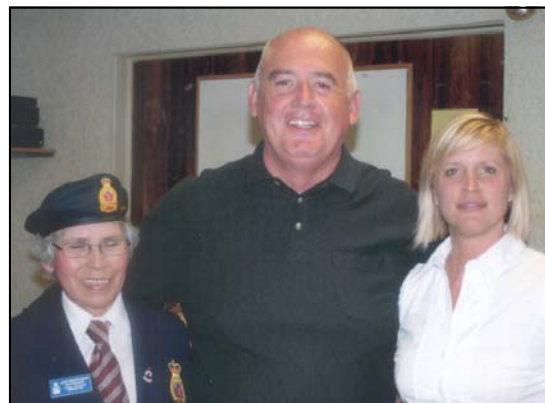
MISERICORDIA Health Centre FOUNDATION

By Allison Kesler
*Acting Executive Director,
MHC Foundation*

Members of The Royal Canadian Legion, Ft. Garry Branch #90 have been running one of the most successful Poppy Funds in Manitoba. So much so in fact, the group has added an

additional two charities in as many years to their list of Poppy Fund recipients.

Since 1997, the Misericordia Health Centre Foundation has been one of the



Allison with two representatives of the Fort Garry Legion

recipients of the Poppy Fund and over the years have received a whopping \$34,000. Primarily the funds have been designated to support the Misericordia Eye Care Centre of Excellence to help purchase much needed specialized equipment.

This year, the MHC Foundation received a donation of \$3,000. The Poppy Fund members are always so welcoming and inviting and it's always a pleasure for Misericordia to join them in celebration and in honour of their good works.



IN MEMORIAM

Dr. Alan (Ari) Lipson, former MHC Medical Director, passed away suddenly July 25, 2009, just shy of his 52nd birthday.



Dr. Lipson first came on staff in 1986 and quickly became an integral part of the Misericordia family. He was Secretary for the Medical Executive Committee by 1989 and, only one year later, at 33 years old, he became the Medical Director (now referred to as Chief Medical Officer).

Dr. Lipson was passionate about putting an end to hallway medicine, the practice of keeping patients in hallway beds when room space was at a premium. His passion was evident during his service as Chair of the Utilization Committee from 1988-90.

In addition to his passion for medicine, Dr. Lipson was devoted to and loved his family dearly. He cherished the moments they shared from family dinner discussions, to playing golf and cheering on his sons' sporting activities. He was an avid skier and hockey player and had just recently learned to snowboard. Those moments and experiences will be remembered by those closest to him.

Although he left his position as Misericordia's CMO in 2003, he continued to support the Misericordia family outside of our walls. Dr. Lipson will be fondly remembered by his Misericordia family.

Misericordia Corporate Office has prepared a tribute to Dr. Lipson for his family. Please contact Jo-Anne McNeil (at ext. 8363) if you would like to contribute any words or photos of your own.

To honour the memory of Dr. Lipson, his wife, Avis Raber, and his sons (Mark, Daniel, Jonathan, and Benjamin Lipson) have created the Dr. Alan H. Lipson Memorial Award in Medicine, to be awarded each year by the University of Manitoba, Faculty of Medicine to an undergraduate medical student. If you would like to make a donation to Dr. Lipson's Memorial fund, please see your Department Manager.

Dr. Lipson was a great member of our facility and will be fondly remembered and missed by his Misericordia family.

MEMORY SERVICE

This service will also acknowledge:

Please join us in remembering Residents and Staff who have touched our lives.

Misericordia Health Centre St. Luke's Chapel
10:30 - 11 a.m.
Wednesday, October 7, 2009

- Dr. Alan Lipson, Physician & former Chief Medical Officer
- Dr. Rick Hamm, Physician Health Links-Info Santé
- Lisa Groening, R.N. Health Links-Info Santé
- Beryl Gifford, Community

BAKE SALE SUCCESS

As many of you may remember from the delicious baked goodies you enjoyed a few weeks ago, the generous staff in Health Records, Home Care and Housekeeping put together an internal fundraiser for fellow staff member, Donna Thompson, who is battling ovarian cancer. Thanks to everyone's purchases and participation in the raffle, the Bake Sale was a huge success. Donna was presented with a very generous sum of money which will hopefully ease her financial worries. Thank you to all those who contributed baking, money, time



Grand Prize Winner Alethia Davis

and effort, to make this raffle and sale such a success. Trudy Wilgosh, Health Records Manager, thanks especially; "Our partners in Home Care and Housekeeping, we couldn't have done it without you and to my wonderful staff in Health Records, I am humbled by your generosity and kindness. Once again, our wonderful Misericordia Family has come together to help one of our own."

CONGRATULATIONS TO THE WINNERS:

32 inch Samsung HD TV (donated by the generous staff from Health Records) - Alethia Davis (Central Supply)
Crocheted Table Cloth - Barb Partridge (St. Joseph's Residence)
Crocheted Table Runners and Doilies - Isabel Desjardins (Lab)



Thank you Donna Olivieri for the crocheted items!

MISSION MOMENT

What would YOU do with a million dollars? Well after getting to know Louise Pinsonneault, Environmental Services Attendant, I've certainly had to reexamine my game plan.



Like many of us, Louise takes her weekly chances with a 649 ticket and, although it was no million dollars, 649 treated her to an

extra \$24 dollars on September 24, 2009, the day of our Plant Services BBQ. Instead of purchasing extra lotto tickets that day, or putting the amount towards a parking pass, Louise paid \$25 for her pork sandwich.

Glenn Komus tried to give her change but she refused it and asked him to serve the first few folks from the community who came by who wouldn't not be able to buy their own.

Four community members benefited from Louise's gift and, according to the outdoor crowd, gratefully enjoyed every bite of their sandwiches.



DID YOU KNOW?

Did you know... Elderspeak, a form of bullying, exists? It is a "sweetly belittling form of address" to an elderly person, such as "Dear" or "Honey." A research study found when health-care staff used phrases like "good girl" or "how are we feeling?" patients were more aggressive and less receptive to care. If addressed as infants, some showed their irritation by grimacing or refusing to do what staff asked of them. Talking down to our elders can lead to more negative images of aging. It is a form of bullying. Say "NO" to elderspeak! Check out the MESA notice board for more information on Elderspeak.

You're invited to see the latest progress of the Women's Hospital Redevelopment Project? See how the project has been working to address what you expect from the Hospital. Project staff will be on hand display work in progress and answer questions. Come to the Brodie Centre Atrium, U of M Bannatyne Campus, 727 McDermot Ave for the Open House Thursday, October 8, 2009, 3 - 8 p.m. with a presentation at 7 p.m.

September 8th, 2009, MHC hosted the University of Manitoba Faculty of Social Work Field Orientation Kick -Off? The

orientation was attended by 200 social work students, field instructors, faculty and staff. As part of the campaign "Social Work gives back to the Community" this event was also an opportunity to support and raise funds for the West Central Women's Resource Centre which assists families in Winnipeg's West Central community to live safer and healthier lives. Last year the centre served over 9,000 women.

HSC's Spiritual Care Department is hosting the discussion; "What role does Spirituality/Spiritual Care play in a health care setting?" On Thursday, October 22, 2009 from 12:30 - 1:30 p.m. five Health Care Professionals will share their responses to that question from their professional and personal experience. Theatre B, Basic Sciences Building, Health Sciences Centre.

October is MHC's Charities' Kickoff Month? We will have everything from bake sales to 50/50 to casual days. And if you miss all of that, we invite you to check out our paystub attachments coming out this month to find out how you can become a regular contributor and get a tax break!



The United Way and the Misericordia Foundation thank you for your support.

Our President and COO, Rosie Jacuzzi, was presented with a plaque from Manitoba in Motion in acknowledgement of MHC's participation in the initiative to introduce physical fitness at work? Manitoba in Motion is provincial initiative to promote physical activity in the workplace and in daily life.



Medical Radiation Technology week is from November 8 to 14? During this week we recognize and honour all Medical Radiation Technologists in Manitoba who work so diligently with their patients to ensure the efficiency and accuracy of all of their diagnostic tests and radiation treatments.

For only \$5 plus GST and delivery, you can purchase a beautiful 2010 colour calendar in support of LTCAM (Long Term & Continuing Care Association of Manitoba)? If you are already a member, the cost to you is a mere \$3. Your support ensures that the LTCAM will continue to promote and raise awareness for seniors in Manitoba and the staff at the residences, who serve them.

On Thursday, October 29, 2009, MHC will be hosting a full day seminar about

Accountability? Learn how to take ownership of your ideas and actions in this interactive one day seminar. It will be held in the Upper Lounge from 8:30 a.m. to 4:30 p.m. For more information, or to register, visit <http://www.wrha.mb.ca/osd/>

That MHC and Riverview Health Centre are working together to supply required DSM resources to operate both our health facilities? Also, a lab information system was recently installed at Riverview to match the other existing health-care facilities.



Did you know that taking the stairs, just once, burns **five times** as many calories as it does to ride the elevator? Bring on the practice alarms!

PHYSICAL ACTIVITY— DO IT FOR LIFE!

Tropical storm Ketsana recently brought destruction and death in the Philippines? To donate towards emergency relief activities please contact the Canadian Catholic Organization for Development and Peace at 1-888-664-3387. More information is also available online at www.devp.org.



eHealth Corner

Manitoba eHealth has recently upgraded their Service Catalogue to a one-stop on-line shop that lets you choose from one of three product sections: Hardware/Software, Telecom Services and Computer Training. With our Migration to Outlook finally coming up, we now know where to track down those computer courses for a refresher! The Catalogue is available through Insite at <http://services.manitoba-ehealth.ca/>.

INTERFAITH CALENDAR 2009

Oct. 17 - **Diwali** - Hindu Festival of Lights symbolizing the human urge to move toward the light. Gift exchanges, fireworks and festive meals. Jain celebration of Lord Mahavira's day of final liberation.

Oct. 20 - **Installation of Scriptures as Guru Granth** - Sikh recognition of the central role of their scriptures

Oct. 28 - **Milvian Bridge Day** - Christian day of solemn reflection on the relationship of the spiritual community and the powers of civil government. On Oct. 28, 312 c.e., Emperor Constantine prevailed in a battle and proceeded to make Christianity the legal religion of the Roman Empire.

Introducing ...

...Paula Wurtz. Paula comes to us directly from U of M Nursing. After graduating from U of M in April, Paula did her three month practicum in our Urgent Care department. At the end of her practicum, a term position opened up and it was offered to Paula. She happily accepted noting; "the staff here is so nice. The Urgent Care department has been so welcoming."



Paula received the typical variety of experience through her nursing studies studying at Children's Hospital, HSC and with Maternity and Child at St. Boniface. However, she is quick to say that Urgent Care is her favourite.

After exploring different departments and health facilities it was Acute Care that piqued Paula's interest and she was glad to be accepted to Urgent Care for her practicum. "I really like Acute Care best, I think it's what I ultimately want to pursue further." Well you'll fit in well here Paula!

SENIORS' AND ELDERS' MONTH - LIVE AGE-FRIENDLY

October 2009 is Seniors' and Elders' month in Manitoba. At Misericordia we are celebrating our seniors by sharing their words of wisdom throughout the facility. Our care team is creating memory books and collages filled with words of wisdom from some of our Interim Care residents to accompany their photographs in these compilations.



Jane VanDam, and Susan Shortill pose with interim care resident Patricia Baker

A short ceremony honouring our seniors kicked off the month's celebrations on Oct. 2, 2009. Right beside the cast clinic, members of the staff and residents gathered to celebrate seniors.

Among the presenters were Steve Childerhouse, MHC's CFO, who read the Province of Manitoba's Proclamation for Seniors' and Elders' month and Fr. Vince Herner, who said a prayer for Seniors. The Interim Care residents who attended were handed copies of the proclamation so that they could share it with their units later on that day.

RUN FOR THE CURE



A successful run for the cure brought over 5,100 Winnipeggers out on a cold, misty Sunday morning October 4, 2009 for the 18th annual CIBC Run for the Cure to end Breast Cancer.

Our Misericordia Angels team braved the cold with them and had a great time doing it!



WHAT: FREE FITNESS CLASS –Circuit Training

WHEN: 4- 5 p.m. Wednesday, Oct. 21

WHERE: Auditorium

WHY: as a Workplace in Motion, MHC is committed to bringing fitness opportunities to our staff








WHO: Personal Trainer Laura McArthur, BAH, MA, CCPE, CPT










Laura will offer **one free fitness** class to the Misericordia family in advance of her MHC Circuit Training series that will run Monday Oct. 26 - Friday, Dec. 4. in our MHC auditorium.

MISERICORDIA STAFF NEWS

New Staff for September 2009

-  Brandon Scott, PHCC
-  Avril Connon, PHCC
-  Barbara Strong, PHCC
-  Christopher Rindahl, PHCC
-  Christina Ulrich, PHCC
-  Keri-Lee Smith, PHCC
-  Kathryn Gutheil, PHCC

-  John Van Haaren, PHCC
-  Susan Frankel, MBSP
-  Lorraine Ovorka, PHCC
-  Cesaria D'Achille, PHCC
-  Maria Gacilan, PHCC
-  Ella Klees, Diagnostic Imaging
-  Karen Kowalchuk, Health Records
-  Krista McKay, PHCC

-  Cheryl Bon, Health Links–Info Santé
-  Clifford Cruzat, Health Links–Info Santé
-  Christine Cockerill, Urgent Care
-  Steve Igbinoba, Cornish 2
-  Leah McBride, Urgent Care
-  Caroline DeKeyster, Chief Nursing Officer
-  Darren McGill, PHCC

PLANT SERVICES BBQ



RPS Champion Caroline DeKeyster MHC's new Chief Nursing Officer

In collaboration with the Charities Campaign Committee, the Misericordia Plant Services Team put on a great pork pull BBQ lunch! The BBQ raised \$759.56 in support of the Misericordia Foundation and the United Way of Winnipeg. Congratulations guys!

The timing of our Rock, Paper, Scissors event couldn't have been better as it entertained

and engaged the lunchtime crowd. All of the hooting and hollering coming from the Auditorium could be heard down the hallway and out the doors and encouraged observers to join in and cheer for their favourite participant.

In the end, the competition boiled down to three finalists: Barbara Van der Vis, Maureen Matthews and Caroline DeKeyster, our new Chief Nursing Officer. In the end, it was Caroline

who took home the top prize which included a beautiful painted rock created by Susan Shortill, Volunteer Services. Caroline put up a good fight and thanked her fellow competitors for a good game. The RPS event raised an additional \$232 towards the Campaign.

Thank you to everyone who participated in, donated to and spent time on these two events. All of your contributions and efforts go to a great cause supporting facilities for our Misericordia family reaching out to the homes of others just outside our doors.

