



MISERICORDIA
Health Centre
The future of care

AUGUST 2011

Life @ MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

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PRESIDENT'S MESSAGE



I am ever so excited to announce the Misericordia Sisters are coming to Winnipeg in October!

What a wonderful opportunity for our staff that have heard all about their legacy, Mission and values but have never met the Sisters.

Heritage Group

The Sisters are coming here for their annual "Heritage Group" meeting, a chance to meet with delegates to nurture and deepen the Misericordia spirit.

The Heritage Group is made up of organizations founded by the Misericordia Sisters. Delegates – typically board directors and leadership staff – are those who strive to ensure all staff, physicians

and volunteers live the Sisters' Mission.

There are three heritage groups here in Winnipeg: Misericordia Health Centre, Villa Rosa and Wolseley Family Place. Other groups come from as close as Edmonton and as far away as Milwaukee.

Learn more here: www.misericordia.mb.ca/AboutUs/HeritageGrp.html

The Misericordia Family



spirit of love, compassion and justice. These persons form a large spiritual and apostolic family called "The Misericordia Family."

Learn more here: <http://www.smisericorde.org/AFAMILLE.htm>

Heritage Group schedule

The Sisters from the Motherhouse in Montreal and delegates from Heritage Group sites are in Winnipeg October 13-15, 2011. We are sincerely hoping Sister M. Anna Plamondon can make the journey with Superior General Monique Lallier.

We have to keep in mind we need to share the Sisters' time with all the other Heritage Group delegates. The Sisters will spend one day touring the three Winnipeg heritage group sites and we are planning on holding an informal tea here at MHC to give staff the opportunity to spend time with the Sisters.

More to come when we have the details all worked out!

Rosie Jacuzzi
President & CEO

Misericordia Family

Just by working at Misericordia Health Centre, we are considered to be part of the larger "Misericordia Family" according to the Sisters. Here is how they describe their influence:

"The Misericordia Sisters work with lay people who extend the Mission through their deeds in the same

DID YOU KNOW?



We're getting a five-loop bike rack for the Sherbrook side of MHC! A huge thank you to the West Broadway Biz!

The staff from the PHCC office is at it again! This time, a bunch of volunteers have stitched individual squares that were sewn together into a quilt, a matching pillow and a wall hanging that were auctioned off at the Springfield Country Fair in July. Thank you to everyone who showed their support for fellow staff member Barb B.

Ever wonder what remote requisitioning does? Armed remote requisitioning stops unauthorized expenses before they're incurred, eliminates tedious and time-consuming paper trails, and encourages compliance with existing purchasing contracts. This new requisition program will help track and eliminate duplicate

orders and streamline the requisitioning process.

MHC wants to stay connected with you! You can follow us on Twitter (MisericordiaMB) or like us on Facebook.



Check out our new larger print business cards. Please consider these cards for yourself/your staff if you have patients with reduced



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vision. To order a batch please contact Glenn Komus at ext. 8483.

Recent Optometry graduate, Dr. Averi G. Van Dam, got her start here at MHC as a research assistant with the Focus on Falls Prevention Program in 2009. Director of Social Work Jane Van Dam's eldest daughter graduated from optometry in



June from the University of Waterloo. She also received the David J. Kerko Low Vision

Award and was recognized on the Dean's Honour List. Congratulations!

CELL PHONE POLICY FLIPS

The region's revised cell phone policies - for public and staff - have basically flipped from "don't use cell phones anywhere" to "use cell phones everywhere except where there is sensitive medical equipment." Why the change? For two reasons according to the policies:

1. To enhance patient safety by managing use of cellular telephones, two-way radios and other wireless communication devices that can interfere with the proper operation of certain medical equipment and
2. To balance the obligation of the WRHA to ensure appropriate safety standards are met and to recognize the public's continually increasing use of wireless communication devices and realize the benefits that accrue from the use of wireless communication devices in health care

You may have noticed new signs up in the areas where MHC has sensitive equipment:

- OR
- Pre and post anaesthesia unit
- T3 and T4 rooms in Urgent Care
- Sleep Disorder Centre treatment rooms with EEG machines

Please emphasize to our patients, families and visitors we appreciate their cooperation in not using cell phones in these areas.



INTERFAITH CALENDAR AUGUST

15. Assumption of Blessed Virgin Mary - Roman Catholic Christian observance commemorating the belief that the Blessed Virgin Mary was assumed body and soul into heaven at the end of her earthly life.
22. Krisha Janmashtami - Hindu commemoration of the birth of Krishna - the 8th incarnation of god Vishnu who took the form of Krishna to destroy the evil king Kansa.
31. Eid al Fitr - Islamic event marking the close of Ramadan. It is a festival of thanksgiving to Allah for enjoying the month of Ramadan. It involves wearing finest clothing, saying prayers, and fostering understanding with other religions.

MISSION MOMENT

William Krahn was hoping for a good race time in his first Manitoba half marathon attempt.

He was on schedule just before St. Vital Park with a mere three miles to go when he heard a loud thump behind him.

Krahn turned to see another runner collapsed on the pavement.

“He was convulsing and blue from the neck up,” said Krahn. “I ran back to help.”

While most on-lookers might panic at such a sight, Krahn, 24, was unruffled. You see, Krahn is a registered nurse in Urgent Care.

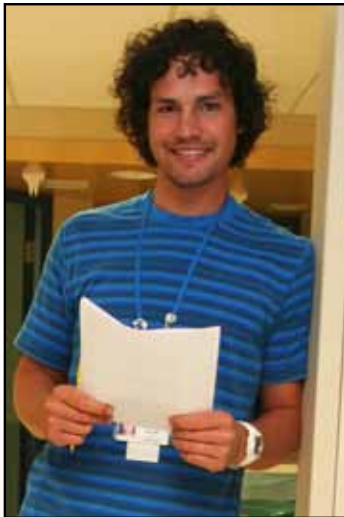
“I started shouting, ‘Can you

hear me?’” recalled Krahn. “There was no response. He wasn’t breathing ... no pulse.”

Another marathoner helped Krahn perform CPR and maintain the runner’s airway until the ambulance arrived approximately 10-15 minutes later.

A crowd of on-lookers gathered.

Krahn stayed with the paramedics and briefed



them while they shocked the runner’s heart and began CPR again.

Success! The runner’s heart started beating and he began breathing again.

“I asked the EMS [Emergency Medical Services] if they needed anything else from me,” recalled Krahn. “When they didn’t, I decided to finish the run.”

It was the first time

Krahn had ever saved a life in a non health-care setting.

Krahn’s colleagues in Urgent Care are calling him a hero on their midst.

“They’re razzing me about it,” he said of their accolades, “But really, I was just doing my job. It’s second nature.”

Krahn later found out the runner had suffered a heart attack, but made a full recovery and now has a pacemaker and a defibrillator. The man plans on running in the marathon next year.

So does Krahn. He’d like to beat his race time, which wasn’t quite as good as he had been hoping for.



WORDS OF APPRECIATION

Anonymous

I called Health Links-Info Santé this past month in regards to a health concern I had and I spoke with a woman by the name of Dorothy Adrian.

I was extremely impressed with her patience and concern for my well being – I did not expect this when calling.

She took my concerns seriously and assessed my symptoms with diligence. After taking all of my information, she diagnosed my situation and advised

me further with the love of a mother.

She genuinely cared for my well being and acknowledged that, as women, we don’t take enough time to take care of ourselves and we should!

She was very helpful and I was very impressed with her work. I felt cared for and loved.

Dorothy says she’s worked as a nurse for about 30 years. I hope she will be found and acknowledged for a job well done.

VOLUNTEER APPRECIATION

Congratulations to Manpreet Saini, this year’s recipient of the Volunteer Services Youth Scholarship.

Manpreet is currently enrolled in the Faculty of Science at the University of Manitoba, with a goal of entering an optometry program.

To date, she has contributed over 150 volunteer hours to Misericordia as a surgical complex ambassador and providing recreation support on Cornish 2.

She says volunteering at Misericordia has “helped me see my career plan in a closer light and given me the ability to see what really goes on in the field of vision and learning to interact with patients.”

We wish her all the best in achieving her goals.

The annual \$500 Youth Scholarship was established to recognize contributions of youth volunteers and to encourage youth to pursue health care related careers.



TEEING OFF AT PINE RIDGE by Sagan Morrow

Our 22nd annual golf tournament was held on a hot day in July. Filled with on-course draws, a BBQ lunch on the patio and a prize presentation in the evening the fun continued on into the night!

Although there were no hole in one winners, some of the larger prizes available

included \$10,000 cash, a two-year lease on a 2011 Porsche 911 Carrera and a 2011 Hyundai Sonata Hybrid Premium!

Other raffle prizes available included a VIA RAIL trip to and from the Canadian Rockies, a return trip to Churchill and a Tag Heuer Aquaracer Watch.

We raised close to \$90,000 at this year's tournament. Thank you to all sponsors and participants!

Money raised at the Misericordia Golf Classic will go toward redevelopment projects. The diversity of the Misericordia's programs demonstrates the Health Centre's commitment to the



MISERICORDIA
Health Centre
FOUNDATION

changing health-care needs of all Manitobans.

A huge thank you to all of our fabulous volunteers who kept us entertained, hydrated and on track!

