




EDUCATION SERVICES SEPTEMBER 2010



Mon	Tue	Wed	Thu	Fri
		1 Darkness in the Afternoon 1400—1430 hrs C5	2 Darkness in the Afternoon 1400—1430 hrs C6	3 Darkness in the Afternoon 1400—1430 hrs MP 154
6 	7	8 Darkness in the Afternoon 1400—1430 hrs MP 154	9 Darkness in the Afternoon 1400—1430 hrs C6	10 Darkness in the Afternoon 1400—1430 hrs MP 154
13 General Orientation 0800—1600 hrs Upper Lounge	14 General Orientation 0800—1200 hrs (Upper Lounge) R.P., Bill 17, Lift & Transfer, Bed Mobility	15 LTC Nurse & HCA Orientation (Rm 372A)	16 LTC Nurse Orientation (Rm 372A) Understanding Depression & Helping Others (EAP) 0900—1100 hrs Upper Lounge	17
20	21 Focus on Falls Prevention 1230—1600 hrs Auditorium	22	23 7 A's of Dementia 1400—1445 hrs 7th Flr Boardroom	24 RAI Education Day Register with Karen @ 8073
27 7 A's of Dementia 1400—1445 hrs MP 154	28	29 7 A's of Dementia 1400—1445 hrs 7th Flr Boardroom	30 7 A's of Dementia 1400—1445 hrs 7th Flr Boardroom	

New sessions for September:

1. **Focus on Falls Prevention – PRESENTED BY KAREN MCCORMAC, MHC EDUCATION FACILITATOR**
Come to learn how to perform a vision screening, have a review of common ocular deficits in seniors and hear about the research that has been completed through the Focus on Falls Prevention Project.
➤ **Must register with Karen McCormac at: 788-8073 or KMcCormac@miser cordia.mb.ca**
2. **Understanding Depression and Helping Others with Depression – PRESENTED BY DAVID CHARABIN, MSW, EAP COUNSELLOR**
Depression is a common illness. At some point in their life, around 1 in every 5 women and 1 in every 10 men will suffer from depression. Naturally, problems which are common in the general population are also common in people at work. In any one year about 3 in every 10 employees will have feelings of distress or of their life being out of control which, if left untreated, could result in depression. When someone is depressed it is not just distressing for the person involved. It may impact others in the workplace, it may makes the person affected less productive and can lead to high rates of sick-leave, accidents and staff turnover. Colleagues at work are often in a good position to notice an employee or co-worker is becoming depressed. This workshop will focus on:
 - Signs and symptoms of depression
 - Myths about depression
 - How to recognize someone who may be experiencing depression
 - How to help someone who may be experiencing depression
 - Resources for yourself and others➤ **To register, call Employee Assistance Centre @786-8880.**

Previous Sessions continued:

3. **Darkness in the Afternoon (Video)** - This video provides a glimpse into what life must be like for the person suffering from Alzheimer Disease.
➤ **This is a must see for anyone who works or lives with a person with Dementia.**
4. **7 A's of Dementia**
This is an excellent presentation on what happens in the brain of the person who has Alzheimer Disease. It will include suggestions of ways to best respond and help the person experiencing the effects of these changes.
➤ **All staff that care for those with dementia, both at work and in personal lives are encouraged to attend.**

Monthly regulars:

1. **General Orientation** – Monday, Sept 13th 0800 – 1600 hrs & Tuesday, Sept 14th 0800 – 1200 hrs
Upper Lounge in the Misericordia Education and Resource Building (MERC)
691 Wolseley Avenue (Across from the main Health Centre)
2. **Department Orientation topics** on Tues, Sept 14th 1230 – 1600 hrs (Room 372A)
- required for all Nurses and HCAs
 - Level 1 of “Routine Practices” - 1230 hrs
 - Evidence Act (Previously called: Bill 17), Reporting and Disclosure of Critical Incidents - 1315 hrs
 - Lift and Transfers - 1400 hrs
 - Bed Mobility - 1500 hrsAll other departments to whom any of these topics are applicable to their staff are welcome to have their staff member to attend. Please notify Ed. Services at 8283 if you wish to have your staff attend any of these sessions.
3. **LTC Nurse Orientation** - Tues, Sept 14th 1230 - 1600 hrs (Room 372A), Wed, Sep 15th, 0800 – 1600 hrs (Room 372A) and Thurs 0800 – 1430 hrs (Room 372A)
4. **LTC HCA Orientation** – Tues, Sept 14th 1230 - 1600 hrs (Room 372A), and Wed, Sep 15th, 0800 – 1430 hrs (Room 372A).