



**MISERICORDIA**  
Health Centre  
*The future of care*

FEBRUARY 2011

# Life @ MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

## INSIDE THIS ISSUE

- Foundation Message...1
- Did you know? ..... 2
- Quilting for a cause..... 3
- Introducing.....4

## GREAT NEWS: WE HAVE A CAPITAL PROJECT!



Another big step has been taken toward the transformation of Misericordia Health Centre. Project tenders for capital redevelopment closed on Feb. 3, with five general contractors submitting

bids within our established budget. The tender should be awarded within the next 60 to 90 days after Number Ten Architects reviews the bids and Manitoba Health provides final approval to award the tender. Construction is still slated to begin in late spring or early summer. It's exciting to realize another page in the history of our centre will soon be turned. Congratulations to all who worked so hard to get Misericordia to this stage of

redevelopment!  
\*\*\*

It's not always comfortable having a microphone or camera turned your way, but staff of the Sleep Disorder Centre showed poise when they were recently under the spotlight. During a one-month span, SDC manager Sharon Brown and members of her staff stepped away from their daily work to provide interviews with four media outlets. CBC-TV, CBC Radio, Citytv and Global National TV

reporters and camera crews visited the centre and were graciously welcomed by staff, who handled themselves professionally and offered the public valuable information about the work that's done at the centre. I do appreciate the time involved in planning and carrying out these requests and send all of you my sincere thanks.  
*Rosie Jacuzzi*

## THANK YOU ANGELS!

Angels abounded Dec. 7-9 at Misericordia Health Centre! We had a record-breaking Angel Squad campaign, thanks to a host of volunteers and day sponsors Starbucks and the Winnipeg Free Press. Several Foundation board members donned their wings to collect donations at Canwest Place on Dec. 8, while some students from Westgate Mennonite Collegiate also gowned up to collect on the Osborne Street Bridge near the Safeway Store Dec. 9. The Christmas campaign in December was also

extremely successful. The Foundation's direct mail-out went to 37,000 homes and, together with funds raised by the Angel Squad and some major gifts, the rooftop garden project has brought in \$63,000 to date. The media has been extremely supportive and the community has embraced the project; we are delighted. Thank you to all the Misericordia angels who braved the cold in the very early morning hour,



**Three enthusiastic students from Westgate Mennonite Collegiate wave down traffic on Osborne.**

sewed new angel gowns, answered our telephones and donated funds in

support of the rooftop garden. We could not do any of this without all of you!

# DID YOU KNOW?

The Foundation is pleased to have Sagan Morrow working in their office each Monday and Tuesday.



Sagan is a contractor with Dooley Communications and has been working with the Foundation since September, 2010.

She has been instrumental in launching the Foundation website, as well as developing a Welcome Package for new donors and a donor newsletter set to go out soon.

Sagan and her counterparts at Dooley Communications have been incredibly helpful as the Foundation develops a brand for the upcoming Future of Care redevelopment campaign.

Sagan will also be writing patient stories for the Foundation's website on a

regular basis. Please extend our warm Misericordia welcome to her when she comes by your office!

The Misericordia Health Centre Foundation is delighted to announce the launch of its very own website. Accessible to everyone, [www.MisericordiaFoundation.com](http://www.MisericordiaFoundation.com) has information about important Foundation projects such as the rooftop garden. You can also read patient testimonials and find out about the latest Foundation news and events from the website's blog. Right now we're preparing for our annual Angel Ball on April 16 – check out the website to learn more details in the weeks leading up to it! Please contact Sagan Morrow: [sagan@dooleycommunications.ca](mailto:sagan@dooleycommunications.ca) if you have a story idea for the Foundation website.

Circuit training has begun again! If you're having trouble sticking to your New Year's resolutions, give Laura McArthur a chance to turn that around. Meet her at 4 p.m. Mondays, Wednesdays and Fridays in the auditorium. Classes are only \$10 each so

## Avoid Injuries on Ice!

- Wear shoes with low heels and slip-resistant soles
- Take small steps with knees slightly bent
- Walk flat footed to keep shoes in contact with the ground
- Keep hands out of pockets to help balance
- Look ahead – watch where you walk
- Clear paths and staircases of snow before it gets packed down



you can work as hard as you want!

Sleep Disorder Centre staff were in focus when Citytv's Breakfast Television show aired with live clips from the centre in the early morning hours of Jan. 12. Staff was also thanked for the great work they do by being treated to a hot breakfast buffet as part

of Tropicana's Brighter Mornings for Brighter Days campaign.

You can find an electronic copy of MHC's We Care What You Think form on the MHC website. If you would like to make a comment or direct a patient to the website, visit [www.misericordia.mb.ca/Patients/ConcernsComp.html](http://www.misericordia.mb.ca/Patients/ConcernsComp.html) to make



Technologist Tanya Egan chats with the Breakfast Television Crew



## DYK CON'T

your opinion count!

**A**ll poster, letterhead and minutes templates are available on the T:drive. Next time you're looking for a nice background for a poster or a PowerPoint, go to T:\MHC Templates to have your pick!

**T**he WRHA's Organizational and Staff Development program is offering a handful of management courses in February. Check them out at [www.wrha.mb.ca/osd](http://www.wrha.mb.ca/osd).

**WANTED:**  
Donations of thread and fabric for the Mis Place quilting project.

Please drop off any donations of unwanted or abandoned thread and fabric to the Recreation Office.

The babies from Villa Rosa thank you!

## MIS PLACE LIGHTS UP

The Misericordia Place courtyard project has been officially named the Garden of Lights. The first light display was installed in December and different themes will rotate each new season.

Soon we will see a spring/summer display of an English tea garden, followed by a Thanksgiving theme in the fall.

All of this came together thanks to a major donation from the family of Mr. Richard Bracken. The donation was made in loving memory of the Winnipegger's late wife, Kathryn, who was a supporter of the Misericordia Health Centre Foundation. In addition, Eecol Electric Ltd. donated tree lighting and equipment and Star Building Materials provided a storage shed to house the displays during the off-seasons. Painting of the

shed was donated by Boisco Enterprises. Misericordia Place is home to 100 residents, many of whom are no longer able to enjoy Winnipeg's annual holiday light displays up close. Thanks to these generous donations, residents now boast their very own light displays and enjoy them year-round.

In addition to expressing appreciation to our donors, we'd like to thank all the staff who donated their time planning and arranging the first display of lights. Residents and families can enjoy the Garden of Lights from the windows surrounding the MP courtyard.



## QUILTING FOR A CAUSE

About once a week, many of the ladies from MP1 gather together for a quilting session. They share stories, memories and stitches while making quilts for new babies born to the mothers at Villa Rosa.

Recreation facilitator Jayne Nixon had wanted to take up quilting for years and proposed the idea to the Recreation department last summer. Agreeing it was a great idea for residents, they started it up with some of the ladies from MP1.

Many of them have been quilting for years, having learned from their mothers

or grandmothers. All of them enjoy it.

One resident even commented on how it reminded her of how special she used to feel when, as a child, she was invited to join the grown-up women's quilting circle.

Sharing fond memories while surrounded by the familiarity of stitching the fabric together, resident Grace Wyldie says it doesn't take long "if we all get busy and work on it!"

And busy they have been. Since the quilting group started, they've made three quilts for Villa Rosa and are



**Maria Fischer and Grace Wyldie pose with one of their masterpieces destined for Villa Rosa**

eager to make more. "The ladies are happy to know their work will be going to people who need it," says

Jayne. "They're happy to be doing something for others."

## NEW HIRES

### NEW HIRES:

Claire Tabarreo- Diet Aide III, Resident Food Services  
Jobert Daylo- Health Care Aide, Cornish 5  
Leslie Cottrell- Power Engineer 3rd Class, Plant Services  
Arcelyn Patenaude- Diet Aide III, Resident Food Services  
Karen Little- RN II, Cornish 3 North  
Jessica Loewen- RN II, Cornish 3 North  
Adam Bergen- Grad Nurse, Cornish 6  
Cheryl Durnin- LPN, Cornish 2  
Renee Ludba- RN II, Operating Room  
Jenell Chorneychuk- Grad Nurse, Float Pool  
Jodene Dusik-Sharp- RN II, Provincial Health Contact Centre

Tanya Zemianski- RN II, Provincial Health Contact Centre  
Venice Francia- RN II, Misericordia Place 2  
Vanessa Furtado- RN II, Health Links  
Honora Kearney- RN II, Health Links  
Kim Kozak- RN II, Provincial Health Contact Centre

### RETIREMENTS:

Remedios Planas, Aide/ Porter-Urgent Care  
Gloria Estoy, Health Care Aide-Cornish 2  
Yvonne Christopher- RN II- Operating Room  
Gloria Dow, RN II- PACU/DS/ POAC  
Maureen Anderson- Psychiatric Liaison Nurse-Urgent Care

## INTRODUCING...

**Preetha Krishnan, nurse practitioner on MP3. As a nurse practitioner, Preetha completes regular patient rounds on her unit in collaboration with the attending physician, Dr. I. Maharaj. At Misericordia Place, Preetha is responsible for 20 residents but she is based out of Lions Manor where she looks after 116 residents.**



**As a nurse practitioner, Preetha does admission assessments and assesses residents on her units who have been ill. She orders appropriate testing and medications for residents and follows up after the tests have been completed.**

**Preetha has been welcomed to her new role at MHC with open arms. LTC director Patty Johnson says “she has a great holistic approach to**

**care.”**

**Preetha knows the value of developing relationships with residents. “It’s important to listen to them ... I’ve learned so much. They’ve taught me how to lead a full life and have a meaningful death.”**

**It’s great to have you with us Preetha, we look forward to learning from you as well!**

## LOCAL HISTORY BUFF

**M**HC security guard Rod Lepine was doing some Christmas shopping online this past December when he stumbled across an artifact of Misericordia General Hospital. Rod decided to bid on a program from a 1938 graduation from the School of Nursing in order to display it in the Heritage Room in the MERC building.



After winning the bid, Rod received a surprise in the mail. The 72-year-old program was actually for a graduation from the School of Nursing at the Misericordia General Hospital in Edmonton!

Fortunately, after a quick

call to what is now the Misericordia Community Hospital in Edmonton, they were equally as excited about the historic program and were eager to display it in their own archive. Thanks for helping this artifact find its way home!

## INTERFAITH CALENDAR

**8 - Vasant Panchami: Hindu celebration dedicated to Saraswati, goddess of learning.**

**15 - Nirvana Day: Buddhist/Jain observance of the death of the Buddha.**

**24 - Saint Matthew, Apostle and Evangelist: Christian remembrance of Matthew the apostle, evangelist and martyr of the first century.**

## IT Tip

**H**aving trouble opening a file? Instead of trying to open it from Word or Adobe, go to “my computer” and find your file, then, either double click on the file icon or right click and select the appropriate program from “open with.”