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DECEMBER 2010/ JANUARY 2011



**MISERICORDIA**  
 Health • Centre  
*The future of care*

# Life @ MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

**I**t's the most wonderful time of the year! Doesn't December always disappear in a blur here at Misericordia? There are so many wonderful holiday events, it's hard to keep track! Misericordia participating in the Santa Claus Parade always signals to me Christmas is just around the corner. Angels lining the Maryland bridge can only mean one thing: our Foundation's Angel Squad. What fun! Totally worth standing outside in the cold. Really! Our resident Christmas dinners defy description unless you've attended one: it's the Misericordia Sisters value of hospitality times six! Six dinners of turkey with all the trimmings in

under a month! The Celebration of Light has been known to bring tears to the eyes. One of my favourites is the festive staff Christmas dinner – a way to let staff know we appreciate all you do. I have fond memories of delivering turkey to the night staff! The kids Christmas party is always a hit, especially with our fantastic homegrown Santa, Danny Michelanko. Santa also visits all our residents for tea with Santa, complete with candy canes, vigorous bell-ringing and Ho-Ho-Ho-ing. There are also lesser known traditions at Misericordia, like the Family Law Branch of Manitoba Justice who have been Secret Santa to so many of our residents

without family for the past seven years. And let us all not forget where the word Christmas comes from: Christ's Mass. We'll be celebrating Christmas Mass at 10 a.m. at Misericordia Health Centre and at 11 a.m. at Misericordia Place. The biggest Christmas present Misericordia Health Centre received this year was a letter from the Minister of Health, Theresa Oswald, giving us the green light to go to tender

on our redevelopment project. Tender bids are due back January 20, 2011. Construction is slated to start in the spring. Happy New Year, indeed. I wish you good tidings and joy to you and your loved ones,  
*Rosie Jacuzzi*



Arlene Wilgosh, President and CEO of the WRHA (left) and Kerri Irvin-Ross, Minister of Housing and Community Development pose as angels with Rosie Jacuzzi

## OUTSTANDING PHILANTHROPIST AWARD By Allison Kesler, MHC Foundation

**E**ach year the Association of Fundraising Professionals pays tribute to individuals and organizations who have made a monumental impact on their community through the spirit of philanthropy. On Friday, November 12, 2010 Jack and Dolores Morton, donors to the Misericordia Health Centre Foundation, received the "Outstanding Philanthropist" award at the annual 2010 National



Philanthropy Day. Jack and Dolores have been donating to Misericordia for more than 15 years and are some of the first donors to make a major contribution in support of the upcoming redevelopment project. Jack and Dolores share this highly esteemed award with fellow

Winnipeggers John and Bonnie Buhler, Bill Norrie, and the Moffat Family. When asked why they are so generous, Jack responds simply "because we should and we can be - the Misericordia is our Health Centre."



# DID YOU KNOW?

**H**eidi Klaschka, Director of Communications & PR, will be on an unpaid leave of absence in Australia from January – April 2011? Heidi plans to volunteer for the Canberra Health Region to see what health care is like Down Under! Please welcome



**Judy Owen**

Judy Owen, Communications Specialist, who will be covering Heidi's sabbatical on a part-time basis.

**D**o you know... how to speak Italian? Volunteer Services is looking for Italian-speaking volunteers who would be willing to provide support and friendship to a resident. Anyone interested please call Mirna Alberto at extension 8132.

**F**ocus on Falls has a new member? Barbara Tallman joins us from Deer Lodge

and brings over 20 years experience working with



**Barb Tallman**

geriatric patients to the project. We welcome her knowledge and look forward to finding out more about all aspects of geriatric care.

**T**he Royal College of Physicians and Surgeons has approved the University of Manitoba Residency Training Program for Ophthalmology here at MHC! The first Manitoba-trained specialists start their program in July 2011. Their timing couldn't be better with Phase one of Redevelopment starting up this spring, the redeveloped Eye Care Centre of Excellence will be the perfect place to host new students training on state-of-the-art equipment.

**A**s the season of giving gears up, our Ambulatory



Clinic would like to ask you to look at home for stuffed toys. In order to keep their stream of young patients supplied with similarly casted stuffed animals, they need donations of gently used teddy bears from you! So the next time you're weeding out your youngster's closet to make room for new Christmas toys, considering bringing some of those stuffed animals in to the Ambulatory Care Clinic.

**A**mbulances started transporting stable patients to Urgent Care



December 8, 2010? Stable patients with concerns such as coughs, congestion and broken wrists are part of a pilot project designed to reduce wait times for patients and off-loading times for paramedics. Previously, these patients would have been taken to an emergency department.

Urgent Care will be accepting ambulances between 7:30 a.m. and 10 p.m. during the pilot stage and we expect that to translate to 10 – 14 ambulances per day.

**P**atti Smith wrote the CFRE exam mid-November after a number of months of studying independently and with a group. CFRE stands for Certified Fund Raising Executive and can be earned following a minimum of five years of practical experience

in fundraising, an application process and a four hour exam. To maintain certification,



executives must recertify every three years in order to maintain this designation. There are currently over 700 Canadian fundraisers who hold this designation. Congratulations Patti!

**T**his summer Darren Pierce, Orthopedic Technologist, attended a clinical symposium for



Orthopedic Technologists in Houston Texas? Thanks to the MHC Foundation Dr. Simonson fund for Ambulatory Care, he learned different techniques for casting including different ways to pad and apply a cast that he will be able to share with colleagues.

**W**hat your future holds? If you're interested

## PARKING INCREASE

Parking rates in the Parkade will increase as follows effective January 1, 2011:

Monthly staff rate moves from \$55 to \$60

Casual staff coupon rate moves from \$4 to \$5

Daily public rate moves from \$7 to \$8

There are two reasons for these increases: first, inflationary pressures affect the cost of maintaining the parkade and its equipment and second, the chronic lack of parking for our patients and staff must be addressed.



*MDE Goes  
Glam for Long  
Service  
2010*





*Merry  
Christmas  
from your  
Misericordia  
Family!*



## INTRODUCING... THE OPHTHALMOLOGY RESIDENCY PROGRAM

**H**eather Burnett, second year residency student at University of Alberta and an ophthalmology resident at MHC. You may have seen Heather at the end of November, shadowing Dr. Bellan through clinics, the operating room and performing minor procedures.

When asked why she's interested in ophthalmology out of the vast array of medical fields out there, she's quick to explain how she enjoys the combination of surgery and medicine that ophthalmology offers but then she smiles and says, "and really, because it's awesome!"

As a testament to this increasing sentiment, the College of Physicians and Surgeons recently approved the University of Manitoba Residency Training Program



for Ophthalmology at MHC. For the first time, starting in July 2011, Manitoba will be able to teach and train residency students right here at home. That means students like Heather will no longer have to return home only through elective courses, they'll be able to experience the exciting innovations of ophthalmology first-hand right here in Manitoba.

And if Heather was an indication, the new program will be a success simply thanks to staff at MHC. Heather described everyone as "excited to teach and share their knowledge, and very supportive."

## DID YOU KNOW? Cont'd

in new techniques to learn about what's in store for you, contact Celeste Taylor at x 8395 for a free consultation! Help her keep up her skills and who knows, maybe you'll find out a little bit more about yourself too!

**C**5 resident May Town received an early Christmas gift? Her husband, Bob, bought her a robotic dog to keep her company and to share with the other residents on her floor. Her new friend's name is Biscuit and he is a nearly life-sized golden retriever who barks, cuddles and wags his tale. He's proven to be quite a hit, not only with the residents

but the RCM's as well!

**E**xperts from across the WRHA will be featured on a holiday series called "Gifts of Health for the Holidays" on SHAW television. The series, which began December 6, 2010 features health experts from around our region discussing a variety of topics, from mobility, to nutrition, to mental health, emergency medicine and more. The goal is to provide people with practical information to keep



them and their families safe and healthy over the holidays. Tune in online at [www.wrha.mb.ca](http://www.wrha.mb.ca). for some "health"ful holiday tips!



**D**I Manager Tammy Carriere recently graduated from Red River College's Health Services Management Program? The program consists of 10 courses ranging from the History of Health Care in Canada to Decision-Making and Human Resource Management. Congratulations Tammy!

**M**H was recently designated a NICHE site? NICHE (Nurses Improving Care for Healthsystem Elders) is

### NEW HIRES NOVEMBER

Krisna Danzalan- HCA- MP2

Teresa Dilk- Health Information Management Professional- Health Records

Holly Williams- Sr. Mammography Technologist - MSBP

Jaclyn Detautels- RN II- Operating Room

Abigail Gagan- RN II- PHCC

Sharon Welsh- RN II- Ophthalmology Clinic

Evangeline Penner- LPN- Cornish 6

Judy Shewchuk- RN II- Health Links – Info Santé

Mike Palumbo- RN II – Health Links – Info Santé

Talia Martens- RN II- Health Links – Info Santé

Krista Thorlakson- RN II- PACU/DS/POAC

Roberta Fransishyn- RN II- PACU/DS/POAC

Janice Gaunt- LPN – Operating Room

Jessica Stratton- RN II – Health Links – Info Santé

Rena Zinkowski- RN II- Health Links – Info Santé

Dorothy Adrian- RN II- Health Links – Info Santé

### RETIREMENTS

Heather Macarthur- RN II- Health Links – Info Santé

Eleanor Humeniuk- LPN- MP2

the only national designation indicating a hospital's commitment to elder care excellence and signals MHC's resolve to provide patient-centered care for older adults. This leads to greater satisfaction rates for our patients and their families.



# 50 YEARS AND COUNTING

**M**onique Paulhus was only a teenager when she started working in Misericordia's laundry department.

"You won't stay here very long," she recalls co-workers telling her. "It's such hard work."

Flash forward 50 years and Monique is still a laundry attendant at Misericordia Health Centre.

"I remember my first day on the job. We had a coffee break, lunch and then another coffee break. It was heaven. I couldn't believe it," says Monique.

"I grew up on a farm in Winnipeg and there were never any breaks."

Monique heard about the job opening from a friend. Sister Justine interviewed her on a Friday and she started on the Monday.

"I felt right away Misericordia was my second home," says



Monique Paulhus today (far right) and hard at work in 1964 (above right)



arranged this treat to honour Monique.

Supervisor Marc Rivard – who was born the year Monique started working at Misericordia – says, "You will never find a kinder, gentler soul than Monique."

It is an absolute honour to be her supervisor. She's such a wealth of knowledge; to this day I still seek her advice on laundry issues!"

Monique. "I always felt that way and still do."

Monique has seen lots of changes over the years – the Sisters of Misericordia used to help put the linen through the ironer. Nowadays, linen cleaning is centralized and Misericordia staff only washes residents' clothes.

In November, Monique received a standing ovation as she was honoured at our long-service and retirement event.

December 13 was the actual anniversary of Monique's 50th year on the job. Perhaps you saw her emerging from a limousine at 6:45 a.m.? Staff

## INTERFAITH CALENDAR

### December

21 – Solstice: Yule – Wicca/Pagan (northern hemisphere)  
A Christian celebration of the light dawning in Jesus.  
Also a Norse pagan celebration of the winter-born king, symbolized by the rebirth of the sun. A present day Wicca event.

25 – Christmas – Christian celebration of the birth of Jesus Christ. Observed by prayers, exchanging of gifts, and family parties.

### January

1 - Gantan-sai (New Years) –Shinto New Year festival observed with prayers for inner renewal, prosperity and health.

20 - Tu B'shvat - Jewish celebration of the coming of spring by preparation of foods native to Israel. It is also known as "New Year for Trees" - a method for determining the age of trees for tithing purposes.

