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NOVEMBER 2010



MISERICORDIA
Health • Centre
The future of care

Life @ MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

REDEVELOPMENT PROCEEDS TO CONSTRUCTION



The day we've all been waiting for is here! The provincial treasury board has approved our redevelopment project detailed drawings and costs, which means we can proceed to tender with construction slated to begin in spring 2011. Hopefully you had a chance to come in person to one of

our staff forums on October 22 to hear about all the details. If you missed it, we always keep our website as up to date as possible. We have a redevelopment icon on our homepage now, too. We have lots of work ahead of us now as we prepare to pre-qualify contractors to bid on our project. Another step in our redevelopment process was to hold a public information session to share our detailed redevelopment plans with the community, which we did with Number TEN Architectural Group on November 2. Both staff and the public have voiced concerns about traffic delays as we go forward with redevelopment. I know from experience, for example,

there are frequently cars parked in front of the MERC building when the lane should be free at rush hour. I want to assure you we are working closely with the city of Winnipeg to make sure issues like these are taken into consideration and the process goes as smoothly as possible. We welcome any questions or suggestions you may have concerning redevelopment. You can email redemption@misericordia.mb.ca at any time. One interesting suggestion we've had so far was to sell bricks of the Maryland South building in memory of all the babies born in our former maternity ward!

Rosie Jacuzzi

REDEVELOPMENT ANNOUNCEMENT PRAYER

by Fr. Vince Herner

Gracious God, in whom we live and move and have our being, you are ever faithful in providing for our needs.

We give thanks for those who have diligently worked toward this day.

We remember with gratitude those who have responded to our advocacy on behalf of those for whom we care for here at Misericordia Health Centre.

Thank you for the new opportunities that are presenting themselves to serve the underserved and the vulnerable in our society.

Bless this project, and all involved in bringing it to completion, for the benefit of your people and the glory of your name.

AMEN



MISERICORDIA HEALTH CENTRE | EAST ELEVATION



DID YOU KNOW?

National Respiratory Therapy week was October 24 – 30, 2010? Respiratory therapists are involved in the Sleep Disorder Centre, the Ophthalmology Practitioner program and provide many services within Misericordia Health Centre.

Residents of MHC Interim Care and Mis Place exercised their right to vote and took an active interest in the civic election? On Thursday, October 14, 2010, Misericordia Place was abuzz with more than 50 residents gathering to listen to candidates running for municipal election. Residents from both Interim Care and Misericordia Place packed the Multipurpose Room to listen to candidate speeches then to ask some very pointed, community related questions

New Hires:
 Glenna Sanderson-Steno II-Sleep Lab
 Shantel Sigouin-Steno II-Sleep Lab
 Antonio Villamin-Diet Aide III-Resident Food Services
 Pilar Fernandez-Diet Aide III-Resident Food Services
 Maureen Matthews-Nurse IV-Ed Services
 Barbara Tallman-RN II-Focus on Falls Prevention

Retirements:
 Sandra Miller-Physiotherapist-Rehabilitation Services

(ie.Teen support, crime in the community, etc).

University Women’s Club of Winnipeg 30th Annual Craft & Bake Sale is coming? Visit 54 West Gate in the Ralph Connor House Friday, November 12 from 10a.m. - 5p.m. and Saturday, November 13 from 10 a.m. - 4 p.m. to get your Christmas shopping done early. For only \$3 admission you can browse the three floors of Manitoba crafts and gifts for home, family, friends and self. You are also invited to join the club for lunch, there will be three settings – please reserve your time as you arrive: 11-11:45 a.m.; 11:45 a.m. - 12:30 p.m. or 12:30-1:15p.m. For more information call the Women’s Club at 954-7880.

Diagnostic Imaging has a brand new fluoroscopy room? The new equipment



is manufactured by Siemens and it offers some wonderful new features such as a more ergonomic, user-friendly design and enhanced bariatric imaging capabilities.

BOOKING PROCESS – LAPTOP AND PROJECTOR

Misericordia has streamlined the booking process for the laptop and projector. Effective immediately, all requests for the laptop and projector are to made only to the Housekeeping Department by calling 8274 or email MHC Housekeeping (located in the global address list).

- Equipment bookings should be made at least 48 hours before the equipment is required
- Housekeeping will drop-off and pick-up equipment (if requested)
- If setup assistance is required, advise Housekeeping and they will make the necessary arrangements with Service Desk
- Remember to lock the conference room door after event as Housekeeping may not be there exactly at the end of your session to pick up equipment

David Caroll, Ambulatory Care, attended the Canadian Society of Orthopedic Technologists conference in Toronto earlier this year? He learned about casting, diabetic feet, clubfoot and wound care treatments, as well as establishing a resource network for support and learning opportunities. David’s education was made possible by our Foundation’s Dr. Neil Simonsen Ambulatory Care Education Fund.

Linda Boiteau recently graduated from the OSP program? Congratulations!



Misericordia Place will soon have a Nurse Practitioner, Preetha Krishnan, on staff? Effective Thursday, November 4, 2010, Preetha will be available to provide Nurse Practitioner services for 20 residents at Misericordia Place, Robin Way (3rd Floor). Physician support will be provided by Dr. I. Maharaj on ongoing basis (including after hours and weekends). If you have any questions please contact Patty Johnson at x 8451.

Your cell phone may be almost as dirty as a public bathroom? Since we use our phones all day every day and often sneeze and cough on them they are a regular breeding ground for bacteria. Make sure you clean your phone regularly to protect yourself and others from germs!

TRANSFUSIONS FOR RESIDENTS AT MHC

Misericordia Health Centre is now offering service for PCH residents who require non-emergent blood transfusions. Transfusions will occur Fridays at Misericordia Health Centre Cornish 3 North unit. There is capacity to transfuse two residents per Friday. Residents who can’t be accommodated will

be booked into the following week.

This innovative project involves multiple program partners – Acute Care Surgery program, Personal Care Home program, Canadian Blood Services, Community IV Program and Misericordia Health

Centre who are working collaborating to improve service to WRHA PCH residents that require non-emergent blood transfusion treatments. The service has a positive impact to the Emergency programs as these individuals will no longer need to attend an Emergency Department

to receive this treatment. The result is a program that provides transfusion service to the resident in Misericordia’s elder-friendly environment that is prepared and attentive to their treatment, and safe transfer back to their personal care home residence.

A MULTI-SEASONAL LIGHT DISPLAY A REALITY FOR RESIDENTS AT MISERICORDIA PLACE

by Sagan Morrow, Communications Specialist, MHC Foundation



MISERICORDIA
Health Centre
FOUNDATION

EECOL Electric Ltd. has recently gifted 1,000 lights and related equipment to Miser cordia Health Centre's personal care home, Miser cordia Place. These lights and the materials required for wiring and placement are part of a larger project funded by a private donor.

This project will provide the 100 long-term care residents of Miser cordia Place with a multi-seasonal light display in their private courtyard. Many of the elderly residents are unable to leave the grounds; with beautiful lights as entertainment year-round, the residents can

have something new to enjoy with the changing seasons. Miser cordia Place has 50

feet of windows along a corridor that runs alongside the courtyard, granting



Paul Challoner, Regional General Manager of EECOL Electric Ltd. (left) receives a Certificate of Appreciation from Patti Smith, Executive Director, Miser cordia Foundation and Jerry Allan, MHC Electrical Supervisor.

access to view the lit courtyard even in bad weather. Residents won't have to leave the warmth and comfort of their chair to admire the light display. The significant contribution from EECOL Electric Ltd. values over \$8,000. EECOL Electric Ltd. has thought of everything: from cables to bulbs to weather-proof timers, Miser cordia Place will be prepared for all seasons.

The first light show will take place this winter – keep on the lookout so you can come by to take part in enjoying the festive lights, too!

INTRODUCING...

Mae Reyes, the new Operations Clerk who has taken over for Mike Tomchuk in the Security office during his parental leave.

Like Mike, Mae is a fairly new parent and spends her longer weekends with her two-year-old daughter. Working Monday through Thursday allows her the flexibility to spend more time with her daughter while gaining more experience in an office setting.

A recent graduate from Herzing's Clinical Office Assistant program, Mae hopes that her current position will lead to more clinical term positions with MHC.

In the meantime, Mae is enjoying getting to know the Miser cordia family through the Security department. "The guys down here are



interesting to work with and fun," she says about her colleagues. "I've also got to meet a lot of people in every department as I update the WHMIS binders... everyone knows each other so well," she says.

If you see Mae in your department or walking around with a big WHMIS binder, make sure you welcome her to Miser cordia.

SPIRITUAL CARE WEEK 2010 WHAT IS SPIRITUAL CARE?

Michele Sala Pastora *Spiritual Care Associate*

The primary role of Spiritual Caregivers is to provide support to residents, staff and visitors, regardless of they may be going through at any given moment. Whether we are doing one-on-one visitation or facilitating a group session, we try to provide a safe place and environment in a timely manner so that what one resident referred to as "the stories in the heart" may come forth.

In finding words to tell our respective stories, healing occurs for the speaker as well as for those listening. When people tell us that they do "not need" spiritual care, they usually mean that they are not church goers, or that they are not affiliated with a particular faith denomination.

The role of spiritual care is to provide support for those experiencing life changes; illness, trauma, losses and life transitions and discovering what those changes will mean. Spiritual caregivers provide support and encouragement for people to draw upon their own resources, which can include faith, in order to find their own solutions.

Our role can be as simple as taking a moment to let a resident, another staff member or the family of residents, know that we see them and that we care about them. For many people, simply experiencing this attentiveness can be healing. Life itself can be overwhelming at times. Rest assured that your spiritual care team, which is held to confidentiality, is just a phone call away, but we are also grateful to all of you for providing spiritual care to those around you at Miser cordia!

RECREATION FASHION SHOW



SUPPORT SERVICE CORNER

by Anna Graja,
Housekeeping Supervisor



This month's stellar support service member is Michele Ras in Urgent Care. Michele made the transition from part-time housekeeper in the Provincial Health Contact Centre to a full time housekeeper in Urgent Care just a few weeks ago but already her excellent work ethic and the quality of her work have carried over to the high-traffic area of Urgent Care. Good job Michele, and thank you!

DAY OF GIVING by Susan Shortill, *Manager, Volunteer Resources*

For over 10 years, students from Balmoral Hall Middle School have included Misericordia Health Centre in their annual Day of Giving; this year December 21st, 2010. Students begin preparations in the fall to produce 250 Christmas "stockings" for each resident. These stockings are usually packed with items such as toothbrushes, tissues, notepads, soda and chips

but the decorated, hand written greetings in each card that are the real highlight for residents. Students often include notes about their own traditions to celebrate the season as well as school experiences, or holiday plans, and always include best wishes for the recipient. As Balmoral Hall students come from international as well as local backgrounds, the contents of their letters are always

interesting! On the actual Day of Giving, students spend the afternoon visiting residents at Misericordia Place and in Interim Care, and often come prepared to sing carols. The stockings, which might come as festively wrapped boxes, are distributed through the units during their visit and have left a lasting and warm impression each year. We look forward to these repeat visits!

SAFETY CORNER

How do I report a Safety Concern?
WS&H committee wants to help!
- Tell your supervisor
OR department safety representative
- Contact a co-chair or member of the MHC WH&S Committee (you can find the name of your representative on Safety Bulletin Boards)
- If MHC WS&H Committee doesn't resolve the issue satisfactorily, Manitoba Department of Labour WS&H division involvement may be requested