



MISERICORDIA
Health Centre
The future of care

MAY/ JUNE 2011

Life @ MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

INSIDE THIS ISSUE

- President Message.....1
- Did you know?.....2
- Resident Update.....3
- Words of appreciation.3

PRESIDENT'S MESSAGE



REDEVELOPMENT UPDATE

It is really happening! We are under construction!

Construction officially began May 4 with Premier Greg Selinger swinging the ceremonial sledgehammer to dislodge bricks of the soon-to-be-demolished Maryland building.

Congratulations to our Foundation who recently launched its capital campaign, *The Future of Care*, with a major gift announcement of \$2 million dollars!

Read all about it in the July issue of Life@Miz.

We're going to keep you as up-to-date as possible throughout redevelopment by sending out email updates and posting information on the main bulletin board in the Sherbrook hallway.

If you have any questions about redevelopment, please send to: redevelopment@misericordia.mb.ca.

NEW MHC OPERATING AGREEMENT

Misericordia recently signed an operating agreement with the Winnipeg Health Region.

We are now considered a **funded** - also known as a **non-devolved-site** - which means we are quite independent in that we retain our own board, our management reports directly to me and we continue with our emphasis on faith-based compassionate care similar to St. Boniface.

There are also **devolved** sites, like the Grace and HSC, that are basically operating divisions of the WRHA with the same board as the Winnipeg Health Region.

The only other category is

integrated. The integrated sites - like Concordia, Victoria and Seven Oaks - still have their own boards but share WRHA human resources, finance and other integrated services.

What does this mean for our day-to-day operations? It's business as usual for most staff and clinical programs. There won't be any real changes for us; it's mostly behind the scenes changes.

As a funded site my title will change from Chief Operating Officer to Chief Executive Officer.

Please feel free to send any operating agreement questions to: info@misericordia.mb.ca.

Rosie Jacuzzi,
President & CEO

MISSION MOMENT

by Eileen Coates, RCM C5

We have had the honour on C5 of caring for a married couple, Tracia and Walter St. Jean, whose only family is each other.

The husband of the couple, Walter, died here in May and members of all disciplines involved in their care pulled together to help his wife, Tracia, through this difficult time.

Father Vince picked

up Walter's ashes and conducted the service in the chapel May 20 with the help of Donald Plett. Terry Rolland from social work helped Tracia with all the details and planning of the funeral arrangements. Karen Page from recreation helped us put together the tea after the service, which was held on C5 in the TV lounge for all residents and staff who wanted to come and show

support to Tracia. Health-care aides and nurses ensured that all members of the C5 family who wished to attend the service and tea were able to be there and provide support to Tracia in her time of need. Housekeeping set up the banquet table on which to serve refreshments during the tea.

Several unit staff members attended the service in the chapel and Terry, Don, Fr. Vince and I escorted Tracia to the grave-side for the interment.

Like the support provided to new life, it took a village to see Walter out of this life and to provide the support of a family to his wife.

God has the master plan and I am thankful that for this part of her journey we were able to provide the support she needed.

As the daughter of another resident has so kindly put it, "What MHC lacks in environment, they more than make up for with heart." We can only hope each resident can feel so at home.

DID YOU KNOW?

Researchers from the University of Alberta have completed a study linking dementia with sleep disruption. Learn more on their website which contains a collection of sleep resources for caregivers of persons with dementia. www.sleep-dementia-resources.ualberta.ca

Do you have any gently-loved stuffed animals



who are no longer needed at home? The cast clinic would like to give those teddy-bears (and puppies and rabbits etc.) a new home with our young patients who are getting casts. Please drop your donations off at the reception desk of the cast clinic or call ext. 8090 for more information.

Dark, wraparound sunglasses are now available at the MHC gift shop. These are the same glasses ophthalmology uses, perfect for residents, family members or those



with special needs for extra special shades. These glasses can be worn over prescription glasses, or without.

SMOKERS! Have you been trying to kick the habit? Now's the perfect time to try again since National non-smoking day was May 31 and the City recently passed a new bylaw banning smoking within eight meters of hospital and City of Winnipeg workplaces and within 30 metres of children and youth's outdoor recreational activities. For more information on how to butt out you can call the Smokers' Helpline 1-877-513-5333 or visit www.smokershelpline.ca.



Congratulations to Jane Van Dam, Manager of Social Work on being noted as an ASK AN EXPERT professional in the Spring Alzheimer Society of Manitoba Newsletter Spring 2011. "How important it is for us to recognize and celebrate our heroes and she-roes!" - Maya Angelou. Your experience is valued here at MHC and now with many more who read the newsletter.

Please note the following parking fee increases effective June 30, 2011:

- Monthly staff rate moves from \$60 to \$65
- Daily public rate moves from \$8 to \$9

- Evening public rate moves from \$5 to \$6

Paragon Industries is donating time to decommission the chapel. They're donating workers' time and labour to salvage the six murals in our St. Luke's Chapel some of which will go to our new MHC Chapel in Phase 2 and others to a church in Morden.

There are now three Drs Reda living under one roof! Dr. Reda's eldest son, Dr. Andrew Reda, recently graduated from the University of Manitoba's School of Medicine class of 2011. Prior to his four years of medical school he took an undergraduate degree in philosophy. He plans to start his residency in anesthesia July 1 and to combine that experience with a critical care subspecialty. That will be seven more years of training at U of M! Good luck Dr. Andrew and congratulations! We look forward to hearing much more from you.

The beautiful angel-wing necklaces that were sold at Angel Ball 2011 are now available in our gift shop! Local designer Hilary Druxman created the necklaces and is donating the net proceeds to the MHC rooftop garden project. Get yours today!



Join the third annual Women's Health Golf tournament Thurs. Sept 1 at Bel Acres Golf and Country Club. All levels of lady golfers are welcome and all proceeds will be used towards graduate research in women's health at the University of Manitoba. To register or to find out more, visit www.whrfcinc.com. Register before July 1 to win an exciting VIP package!



Dr. John Reda (left) poses with son Dr. Andrew Reda and wife Dr. Margaret Reda at Andrew's graduation from the University of Manitoba School of Medicine

DYK cont'd...

Bismarck Salamatin from C5 just recently completed his Canadian Nurses Association Certification in Gerontological Nursing. Congratulations Bismarck! We look forward to learning from you.

Misericordia staff burned 32,995 calories and saved 329kg of CO2 emissions during June's Commuter Challenge week! Just think of the impact that

would have if you gave your car the whole summer off!



Health Education Fund Recipients for 2011

Lois McKay - Linen/
Laundry - Human
Resource Management

Brian Klos - PHCC -
Masters in Public
Administration

Patty Johnson - LTC
Masters in Health
Studies

Amalia Javier - MP
Health Unit Clerk
Program

Corie Haslbeck
Ophthalmology -
Masters of Science in
Occupational Therapy

Rosemary Garcea
Housekeeping -
Recreation Facilitator

Kristy Anderson
Corporate Office -
Bachelors Degree in
Health Administration

Congratulations!

Presenting your new Social Committee

Sandy Bruce, OR
Danny Michalenko, OR
Lynn Horton, Volunteer Services
Hannah Sherman, Urgent Care
Tannis Walker, Health Records
Jenna Funk, Health Records
Theresa Dill, Health Records
Paul Carr, Plant Services
John Beilman, Housekeeping
Maureen Matthews, Educator for Acute Care
Barb Van der Vis, Social Work MP
Dave Ross, MP
Cindy Eleuterio, Ophthalmology
Tracy Capello, Finance
Marc Rivard, Manager of Laundry/Stores
Lois Bosc, Dietitian, Interim Care
Ellen Locke, Rec Services Manager
Binn Kouv, Finance dept.
Julia Garolfalo, POAC

Committee co-chairs: Laura Wiebe & Tara Woligrocki

Secretary: Lynn Horton

Treasurer: Maureen Matthews

Senior Management Representative: Sharon Stanley, HR Manger



A special thank-you to Sharon Stanley for her years of dedicated service to the social committee! Stay tuned for upcoming sponsored events like the Santa Claus Parade, Children's Christmas Party and much more!

OPERATING ROOM OPPORTUNITIES

Several times a year, the WRHA Surgery Program provides a Perioperative Nursing Orientation to RNs who are applying to work in the field of surgery. The program consists of three weeks of full-time class work including theory and laboratory practice and approximately 12 weeks of clinical practice.

When a position in the operating room becomes available the successful candidate must have such specialized training. Those candidates who do not yet have the training may be hired on the condition that they successfully complete this regional program. The WRHA Surgery Program is confident that the Perioperative Nursing

Orientation will provide nurses with the basic clinical knowledge and skills to perform competently and safely in an Operating Room setting. "The benefit of the course is that it gives the nurse the opportunity to learn the basics in a controlled environment and they also require less training when they get here," says Judy Reid, OR manager.

This past year, MHC hired Jaclyn Desautels for participation in this program which she has successfully completed. Her graduation will take place June 16 and she is now a permanent staff member of MHC's surgical team.

Jaclyn was first interested

in transferring to surgical medicine in order to guarantee more stable work hours and commit more time to her family. As her education

progressed through the program, however, she found a new affinity for the specialized form of nursing and enjoys the opportunity for expertise.



Jaclyn Desautels

"When I worked in medicine, I was like a 'jack of all trades' she says, "I knew a little bit about a lot of things but when families asked follow-up questions, I didn't always have the answer readily available. Now I feel confident in giving answers about all aspects of the surgeries we offer because my knowledge base is much more specialized."



MAY/ JUNE IN PICTURES



THE 2011 ANGEL BALL: A HEAVENLY EVENT

By Sagan Morrow, MHC
Foundation Writer

We hosted our annual Angel Ball on April 16 and it was hugely successful. With 475 attendees and more than \$100,000 raised, the 2011 Angel Ball was a spectacular event enjoyed by all.



Chrissy Troy was an

entertaining emcee and Mrs. Lorraine Sweatman graciously accepted this year's Angel Award. Attendees enjoyed a meal of roasted marinated filet of beef as they admired the

spectacular décor dreamt up and created by the Angel Ball committee.

Our live auction prizes included a "Big Apple" getaway, three days at Eagle Nest fishing lodge and a week-long stay at the Tolaini estate winery in Tuscany. We were overwhelmed by the generosity of our silent auction contributors as well – the auction tables were packed with fabulous prizes!

This year we launched a special angel wing necklace that local jeweler Hilary Druxman dedicated to Misericordia. It

was a delight to see so many ladies wearing the pendant by the end of the evening.

Thank you to all of the angels who came out and supported us!



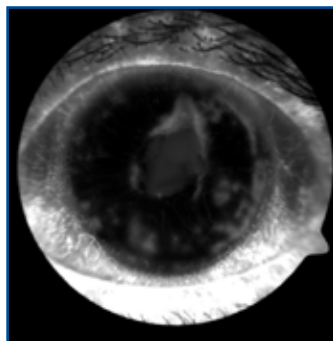
From left: Foundation Board Chair Wynn Sweatman; Foundation Executive Director Patti Smith; MHC President & CEO Rosie Jacuzzi; Most Rev. V. James Weisgerber, Archbishop of Winnipeg; and MHC Board Chair Kaye Dunlop

RESIDENT UPDATE

The best part of my upbringing started in construction,” Interim Care resident John Goodman reminisces as he looks at the heavy machinery outside the dining room window on C2. “I started [working in] construction at 16 or 17 as an apprentice... I worked on bridges,” he remembers fondly. The first stages of redevelopment’s Phase 1 may not be the same as working on a bridge but seeing the heavy machinery maneuvering about the confined space next to the Maryland building certainly brings back memories for John.

Another resident, Karl Erkau, also watches the BIRD construction equipment with interest. “I started as a mauler (a brick layer) when I was 14 back in Germany,” says Karl. The most impressive feat he has seen from the machines outside his window to date was the 60 foot-long drilling sleeve, used to shape the “cast-in-place piles,” being pulled from the ground. As the concrete is poured into the sleeve to create a pile, the sleeve is pulled out to use on the next hole. As John so eloquently put it, “you see something like that and your heart flutters.”

PICTURE PERFECT



Every year, Ophthalmologists and eye-specialists from around the world get together to discuss the latest and the greatest innovations in care.

During that annual symposium attendees are treated to some of the best ophthalmic photography displays in the business. Each

division of the practice has some of the best eye photos on display in competition with one another. For the past few years, Misericordia Health Centre has had an entry in the fluorescein angiography category thanks to Patty Darvill.

Motivated by Dr. Mathen, Patty entered her first competition a few years ago to test her abilities with the Fluorescein camera. She has since had three honourable mentions in several categories including this year and has even placed second!

Congratulations Patty and thank you for representing the excellence of our Eye Care Centre!



Karl Erkau and John Goodman



Patty Darvill poses with the Fluorescein camera that won her an honourable mention this year.

WORDS OF APPRECIATION

Every month our survey boxes that fill up with “We Care What You Think” forms fill up with letters like this one:

*Dear Misericordia Staff,
We just felt the need to write to let you know what a positive experience we had*

recently at Misericordia. On Good Friday, our son's appendix ruptured and although it was very serious and very scary at the time, everyone was absolutely fabulous to us and to him.

From arriving at Urgent Care at approximately 1:30 at

Misericordia to his entering the OR at approximately 4:30 at St. Boniface, everyone moved very quickly to ensure that we would all have a happy outcome. His recovery has been slow due to the serious nature of the surgery but when you consider what could have happened we all consider ourselves blessed. Everyone is always down on

our health-care system and we as a family thankfully have not had to use the system many times other than regular check-ups at our doctors. We have learned that when you really need the system it does work.

We just wanted to ensure that you do hear positive stories as well as the negative ones. Thank you!

Introducing...



Carly Hallett, the new psychiatric liaison nurse in Urgent Care. Carly joins MHC after graduating from the Brandon University RPN program which she took through correspondence here in Winnipeg.

She selected the stream of mental health because of personal interest and connection to the field, "Nearly everyone's lives are touched by mental illness," she says, and she's right, about one in five Canadians personally experience a mental disorder in their lifetime (www.cmha.ca). It is important for professionals like Carly to be present in all areas of health care to provide support and recommendations to those experiencing personal difficulties.

When she's not in Urgent Care, Carly spends time working on her new condo. The new home owner describes herself as "pretty boring right now," but as anyone who remembers their first home purchase can agree that such a transition period is anything but boring! Good luck with your new place Carly and we welcome you to MHC!

New Hires:

Monica Ksiazkiewicz - Polysomnography Trainee

Mason Harris - Polysomnography Trainee

Anne Therese Lim - Polysomnography Trainee

Arnold Garcia - Sr Cardiology Technician

Sheena Brown - Polysomnography Trainee

Laura Krukewick - Polysomnography Trainee

Jennilee Huculak - Grad RN, Urgent Care

Tina Persad - RN II, PACU/DS/POAC

Melissa Penner - RN II, PACU/DS/POAC

Amanda McRae - Recreation Facilitator, Recreation Services

Lindley Weik - HCA, Float Pool

Johnathan Talbot - HCA, Float Pool

Jamie Kehler - Clerk Typist II, Health Records

Anna Milne - HCA, Float Pool

Maria Bello - CSD Technician, Reprocessing

Katie McMechan - HCA, Float pool

Brian Dela Cruz - HCA, Cornish 5

Sandra Bordun - Steno II, MBSP

Charlene Rivera - Scheduling Assistant, PHCC

Shirley-Ann Ritchot - Scheduling Assistant, PHCC

Nicole Roy - Scheduling Assistant, PHCC

Retirements:

Yolanda Dyna - RN, PHCC

JUNE INTERFAITH CALENDAR

21 - First Nations Day: Canadian First Nations (Indian, Metis and Inuit) most sacred day on the summer solstice. Communities hold feasts and invite guests. Also known as National Aboriginal Day.

23 - Corpus Christi: Christian (Roman Catholic) celebration in recognition of the Eucharist - the Blessed Sacrament of the Body and Blood of Christ. The real presence of the body and blood of Jesus is honored.

25 - Lailat al Miraj: Islamic observance of Mohammed's night journey from Mecca to Jerusalem and his ascension to heaven.

Meet the new chairs of the Workplace Safety and Health Committee...



Elaine Walker & Barbara van der Vis. Thank you ladies for all of your hard work!

SAVE THE DATE

The MHC Staff Golf Tournament will be taking place Thursday, September 15 at Southside Golf Course off of Lagemodiere.

Bring your game face and your sunscreen!

We hope to see you there!

