



MISERICORDIA
Health Centre
The future of care

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SEPTEMBER 2011

Life @ MIZ

A NEWSLETTER FOR MHC STAFF, PHYSICIANS & VOLUNTEERS

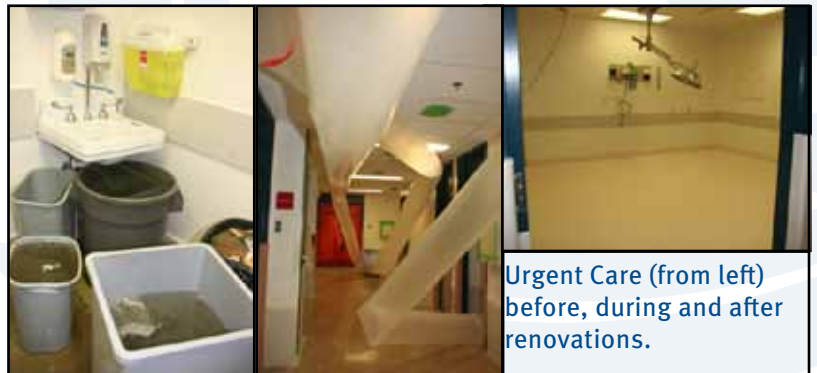
PRESIDENT'S MESSAGE



Charity Campaign is about to kick off!

Please help support our MHC Foundation and the Winnipeg United Way throughout the campaign that runs September 22 – October 28, 2011.

Lots of fun events are happening this year: have your eyeglasses cleaned; munch a burger (veggie, too) at our BBQ; wear jeans and a sweater during our FIVE casual Fridays; invest in our massive 50-50 draw



Urgent Care (from left) before, during and after renovations.

CHARITY CAMPAIGN ALERT

It's the most wonderful time of the year! No, I'm not referring to schools being back in session but our 2011

and watch for information tables to learn more how your donations will be put to good work.

And yes, there will be the ever-popular cookie sale and basket event!

complete! UC should be moving back to the Riverview building as you read this.

The UC clinical team is to be commended for their adaptability and innovation during the move and accommodating their clinical operations in a very tight environment (and thank you Ambulatory Care for sharing space).

I'm most proud of the new physician model at triage that was piloted in a different environment.

Our wait times improved significantly – with higher volumes of patients when compared to last August.

Well done, all!

Rosie Jacuzzi
President & CEO

While events are certainly fun, you can continue to make a meaningful difference all year round by making a payroll donation. That means money comes off your paycheque and goes directly to the charity of your choice throughout the year.

Big or small, every donation counts. Let's increase our participation rate this year!

URGENT CARE RENOS

Our Urgent Care restoration work – July 27- Sept. 14 – is almost

September/October 2011						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
18	19	20	21	22 Eye Glass Cleaning	23	24
25	26	27 Info Tables All day	28	29 BBQ Kick Off event	30 Casual Day	1
2	3 OCTOBER	4 Info Tables	5	6 Cookie Event Pledge Forms	7 Casual Day	8
9	10	11 Early Bird Draw	12 Info Tables Early Bird Draw	13 Early Bird Draw	14 Casual Day Early Bird Draw	15
16	17 Early Bird Draw	18 Early Bird Draw	19 Early Bird Draw	20 Info Tables Early Bird	21 Casual Day Early Bird	22
23	24 Basket Raffle: Auditorium	25 Basket Raffle: Auditorium	26 Basket Raffle: Auditorium	27 Basket Raffle: Auditorium	28 Casual Day Basket Draw, 50/50 Draw	29

MISSION MOMENT

When Upendra Agnihotri moved to Winnipeg he didn't know anyone. Leaving most of his family and friends behind in India, Upendra struck out on his own to brave Winnipeg's winter cold.

Lucky for him, he was employed by the Health Records department at Misericordia. Learning that Upendra had recently purchased a house in the city and had no close relations to offer a housewarming or help determine day-to-day needs, the Health Records' Social Committee planned their own event.

One cooler than-average day in May, the Health Records

team sent Upendra to another department on an errand and when he returned, the office was full of food and gifts for his new abode.

Still not understanding the tradition, it took Upendra a little while to realize all of the gifts, tools, a coffee maker and lawn chairs were meant for him!

He was completely taken aback by the surprise event and grateful for the introduction to the Canadian concept of housewarming.

A belated "welcome to Winnipeg" Upendra, from your Misericordia family!



Upendra poses with a few Health Records social organizers, from left, Laura Wiebe, Debra Johnson and Tanis Walker

RUN WITH THE ANGELS!

Oct. 2 Join the Misericordia Angels will Run for the Cure in support of Cancer research.

Visit www.cibcrunfortheure.com and click on "Teams" to join the Misericordia Angels this October.

Registration deadline for team T-shirts: September 16

We dedicate this year's run in memory of those we've lost this year to Cancer:



**Art Ehmann
Deny Kirouac
Monique Minarik
Vivan McMahon**

INTRODUCING...

Rachel Dacquay, the new RCM for MP1 and 2.

Rachel joins us most recently from Meadowood Manor. She's worked in geriatrics for the last 12 years with the majority of her experience coming from Foyer Valade in St. Vital.

She's enjoyed the transition back to a facility with a strong faith base like Foyer. She sees the Misericordia Mission acted out all around her in staff and volunteers.



Coming from a strong foundation in Catholic customer service, Rachel

says "it's nice to come back to something familiar; something good."

As a manager, Rachel places an emphasis on all of the people she works with.

"It's important that staff is happy. Their emotions and well being transfer to the residents. Happy staff means better care for residents and the residents are my priority."

Rachel also makes a point to leave her door open to residents, family and staff.

"I don't have all of the answers, but sometimes you just need to vent and let it all out."

Her welcoming nature and calm demeanor also translate to her off-hours hobbies of reading and teaching yoga.

"Sometimes, you just have to breathe. We don't do enough of that."

DID YOU KNOW?

Ten-digit calling will be coming to Manitoba in 2012. That means when you are creating publications, now is the time to start using all 10 numbers. Either non-breaking hyphens (204-774-6581) or periods (204.774.6581) are acceptable.

We have a new outdoor bike compound. Located behind Cancer Care in the parking-lot entrance to Misericordia Place, the new compound takes up the



equivalent of two parking stalls and can house up to 40 bicycles at once! Access to the bike compounds is free for staff, students and volunteers with a \$15 deposit for the access key. See Finance for more information on obtaining a key!

MHC will be hosting the International Collaborative Approach to Vision and Falls Meeting, Sept. 18 and 19. Drawing experts from all over Canada the purpose of the meeting is to “develop a framework for a research grant proposal including the objectives: to test the reliability and validity of the vision screening tool and to evaluate the effects of a vision care intervention on the quality of life and incidence of falls and

INTERFAITH CALENDAR SEPTEMBER

2-10 **Paryushana Parva** - An eight-day Jain festival signifying human emergence into a new world of spiritual and moral refinement. Marked by recitations from Jain sacred writing and family exchange of cards and letters. Celebration of the natural qualities of the soul. The 8th day (Samvatsari) is most important and is focused on forgiveness.

28-Oct. 5 **Navaratri** - Hindu Festival of the divine mother honoring Durga, wife of Shiva, and seeking her blessings. Also observed as a celebration recalling the days of Lord Krishna.

29 & 30 **Rosh Hashanah** - Jewish New Year. A time of introspection, abstinence, prayer and penitence. The story of Abraham is read, the ram’s horn is sounded, and special foods are prepared and shared.

fractures in people aged 65 and older.”

MHC Influenza vaccination clinics will start next month. Want to stay flu-free this winter? Watch for postings and the clinic schedule in next month’s

great idea!

Volunteer position: As students return to school this fall, Volunteer Services is left with a few vacant positions on weekday



Life@Miz to find a time that suits your schedule.

Misericordia Place now has a webcam available for resident use so they can SKYPE and web-chat with family and friends. Thanks to our new RCM, Rachel, for the



afternoons. From art projects, to birthday and tea parties, music shows etc. volunteering is a fun way to provide essential support to Misericordia and to the community. Call Mirna at ext. 8132 for more information.



NEW Policy Committee

MHC has a new policy committee.

This newly formed committee held its inaugural meeting September 12, 2011.

Members include: Patty Johnson, Chair; Caroline DeKeyster, Sr. Executive Support; Bronwyn Penner, Administrative Support and Tyler Brown, Trudy Wilgosh, Tracy Cappello, Barb Ginter-Boyce, Tara Woligrocki, Maureen Hamonic, Sharon Brown, Tammy Carriere, Anne-Marr Ramsey, Ron Belanger (or delegate), Sharon Stanley and Sandy Bell.

The purpose of the committee is threefold:

- To maintain a current MHC policy manual system that is consistent with the Mission statement of Misericordia Health Centre;
- To establish processes to facilitate ongoing development of new policies and review/revisions of existing policies; and,
- To facilitate integration of WRHA policies.

Stay tuned!

THE FUTURE OF CARE CAMPAIGN RECEIVES MAJOR GIFT TOWARD ROOFTOP GARDEN AND FOUR-SEASON SOLARIUM

By Sagan Morrow, Foundation Writer

Great-West Life has been honoured with the naming of the rooftop garden and solarium in recognition of the company's generous \$250,000 contribution to The Future of Care campaign. The Misericordia Foundation is delighted to have Great-West Life on board.

"Through this campaign, Misericordia, our neighbour, is building on more than a century of high-quality, compassionate care," said Jan Belanger, Assistant Vice-President of Community Affairs for Great-West Life.

"The rooftop garden and solarium will provide a

compassionate way to foster the well-being of patients and those close to them."

The rooftop garden will be built on the seventh floor of the health centre's Cornish building and is primarily for the use of long-term care residents. Featuring an outdoor garden and terrace space as well as an indoor solarium, it will be a special place for residents and their families all year long. Thank you to Great-West Life for helping make the garden a reality!

Please visit www.MisericordiaFoundation.com/the-future-of-care

campaign to learn more about our current lead donors.



New Hires:

Lori Duncan - Recreation Facilitator

Michelle Flint - Communication Clerk - Information Services

Leanne Newman - RN II - PHCC

Darlene Tremblay - RN II - PHCC

Eva Guiang-Lam - RN II - PHCC

Tanya McLarty - RN II - Cornish 2

Naomi Unger - LPN - Cornish 2

Retirements:

Rose Penner - Accounts Payable Clerk - Finance

Pandora Chow - RN II - Operating Room

Carol Cowan - Operations Manager - PHCC

SILVER SINGERS

The halls were alive with the sounds of music at Misericordia Place in August.

A group of residents joined together, with the help of Leanne Drad, Student Recreation Facilitator, to form the Mis Place Singers.

The majority of members were from Misericordia Place with one special addition from C6, Teresa Mendham.

The choir had a handful of practice sing-alongs before the formal performance for other residents and staff. They worked on classic songs that were familiar to everyone and enjoyed reminiscing about choirs they used to sing in and how they used to participate in musical events.

For those who had concerns that their voices weren't as strong as they once were,

Leanne used percussive instruments to help carry the sounds and make residents more comfortable joining in.

Remembering activities - like singing - residents

used to enjoy helps establish common ground to socialize and brings back good memories that help keep spirits up.



Leanne Drad leads Teresa Mendham in a solo